

AutoMatters & More

WonderCon 2019: Batman, Stan Lee, Bumblebee, Shazam! and more.



See page 9

Base Movie Schedule

See the latest movies for free or reduced prices. Check our weekly schedule.

See page 10

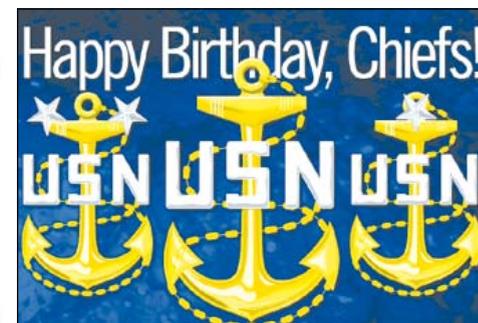
What's Going On This Weekend

Ironkids Oceanside Fun Run, Cirque du Soleil, Goodguys Del Mar Nationals, Soul Music Festival.

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Navy Marine Corps Coast Guard Army Air Force

ARMED FORCES DISPATCH



San Diego Navy/Marine Corps Dispatch www.armedforcesdispatch.com 619.280.2985

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FIFTY EIGHTH YEAR NO. 44
THURSDAY, APRIL 4, 2019

April: What month is it?

ASPCA Month
Alcohol Awareness Month
Amateur Radio Month
Autism Acceptance Month
Autism Awareness Month
Car Care Month
Celebrate Diversity Month
Child Abuse Prevention Month
Couple Appreciation Month
Defeat Diabetes Month
Distracted Driving Awareness
Emotional Overeating Awareness
Financial Literacy Month
Frog Month
Genocide and Human Rights Awareness Month
Global Astronomy Month
Global Child Nutrition Month
Int'l Guitar Month

Month of the Military Child

Month of the Young Child
Move More In April
Nat'l Autism Awareness Month
Nat'l Cancer Control Month
Nat'l Child Abuse Prevention
Nat'l DNA & Genomics & Stem Cell Education & Awareness Month
Nat'l Donate Life Month
Nat'l Facial Protection Month
Nat'l Grilled Cheese Sandwich Mo.
Nat'l Garden Month
Nat'l Heartworm Awareness Mo.
Nat'l Humor Month
Nat'l Kite Month
Nat'l Landscape Architecture Mo.
Nat'l Lawn Care Month
Nat'l Licorice Month
Nat'l Multiple Birth Awareness Mo.
Nat'l Occupational Therapy Month
Nat'l Parkinson's Awareness Mo.
Nat'l Pecan Month
Nat'l Pest Management Month
Nat'l Pet Month
Nat'l Poetry Month
Nat'l Safe Digging Month
Nat'l Sarcoidosis Awareness Mo.
Nat'l Sexually Transmitted Diseases (STDs) Month
Nat'l Sexual Assault Awareness & Prevention Month
Nat'l Social Security Month
Nat'l Youth Sports Safety Month
Pharmacists War on Diabetes Mo.
Pet First Aid Awareness Month
Physical Wellness Month
Prevent Lyme in Dogs Month
Prevention of Animal Cruelty Mo.
Rosacea Awareness Month
School Library Media Month
Soy Foods Month
Straw Hat Month
Stress Awareness Month
Testicular Cancer Awareness Mo.
Nat'l Toddler Immunization Mo.
Women's Eye Health & Safety
Workplace Conflict Awareness
World Habitat Awareness Month
World Landscape Architecture
Worldwide Bereaved Spouses Awareness Month

DEL MAR NATIONAL HORSE SHOW presents
NIGHT of the HORSE
The WILD WEST!
SATURDAY
APRIL 20 2019
7:00PM
LAWLESSNESS of the UNTAMED TERRITORY
TRICK RIDING, ROPING, DARING COWBOYS & COWGIRLS, VICTORIAN LADIES,
A 36-MEMBER DRILL TEAM, A MEXICAN REVOLUTION PERFORMANCE & MORE!
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A tradition of excellence at Del Mar National Horse Show

Experience the Southern California tradition of excellence, elegance and excitement during the Del Mar National Horse Shows April 16-May 5. A Del Mar event since 1946, this three-week show features three distinct equestrian disciplines — Western, Dressage and Hunter/Jumper — and is recognized as one of the top horse shows on the international stage, attracting nearly 1,500 horses and Olympic, World Cup, and World Champion athletes.

Each Saturday evening features exciting equestrian sportsmanship

in the Arena and pre-show family activities, entertainment, and unique boutique shopping.

NIGHT of the HORSE • Sat., April 20 • 7pm. Equestrian variety show featuring unique and exciting top-notch entertainment which will thrill your entire family!

EVENING of MUSICAL FREE-STYLES • Sat., April 27 • 7pm. This Dressage event features Olympic and World Champion horse and rider pairs displaying strength and elegance in detailed routines set to music.

\$100,000 GRAND PRIX of

DEL MAR • Sat., May 4 • 6:45pm. Action-packed speed, agility, nail-biting show jumping competition.

The Del Mar National Horse Show is free for spectators nearly every day from April 16-May 5. The show begins most mornings by 8:30 a.m. and continues well into the afternoon. **Featured Saturday evening events require a paid admission.** Servicemembers with appropriate Military ID may purchase \$16 reserved-seat admission tickets at the Fairgrounds' Box Office; call 858-792-4252 for hours. delmarnational.com

USS Decatur returns home from deployment

SAN DIEGO - Guided-missile destroyer USS *Decatur* (DDG 73) returned to San Diego April 1, following a deployment to the U.S. 7th Fleet and 5th Fleet areas of operation.

"This deployment highlighted every capability that dynamic force employment provides," said Cmdr. Bob Bowen, *Decatur's* commanding officer. "We were successful on deployment, providing the fleet commanders with a well-trained and equipped surface combatant capable of executing any mission assigned."

Decatur participated in multiple exercises and operations while deployed, including conducting maritime security operations, and rendering assistance to seven distressed mariners in the waters south of Sri Lanka. After a fishing vessel suffered a mechanical failure rendering the vessel inoperable, *Decatur* provided food, water and towing assistance to the fisherman while waiting for Sri Lankan authorities to respond to the mariner's distress calls.

"We answered the call, whether it be to assist fellow mariners at sea or conduct maritime security operations in both fleets," said Bowen. "I am extremely proud of my crew for their hard work and dedication, and we are excited to be home."



A happy homecoming for a Decatur Sailor and her family. Navy photo

Navy survey to address privatized housing issues

As a result of recent concerns of sub-standard privatized housing conditions across the military branches, Chief of Naval Operations John Richardson has directed an "out of cycle" housing survey be given to all Sailors currently living in the housing.

The intent, which will be conducted from April 2-30 by an independent third party, is to determine residents' overall satisfaction with privatized housing, to include health and safety concerns.

What makes the survey unique is that it's being conducted on behalf of the Navy, which is different than past annual surveys that were conducted on behalf of the five companies that provide Navy privatized housing.

Sailors through the survey will also be able to note their likes and dislikes with privatized housing, concerns they may have regarding their homes, community and services provided by the privatized housing management companies as well as overall satisfaction.

All Sailors living in privatized housing are strongly encouraged to participate in the survey. They will receive a letter, which will provide information on how to access the survey, from CEL & Associates, Inc., which is an independent third party that will conduct and manage the survey.

The Navy conducted town hall meetings and "walk throughs" where residents volunteer to have leadership check out their houses. The Navy is working with housing partners to ensure maintenance and repairs are conducted and other issues are addressed.

The Navy is also conducting a survey April 2 to June 20 for Sailors living in unaccompanied housing. A survey for Sailors and families living in government-owned or government-leased housing was launched on March 19, and runs through June 6.

Exercise Haber Rail: Training for disaster with fictional gas release

by Keith Hayes

MARINE CORPS LOGISTICS BASE BARSTOW - A simulated rail tanker car carrying thousands of cubic feet of chlorine gas sprang a leak and sent a cloud of toxic gas drifting across Marine Corps Logistics Base Barstow and into the nearby city of Barstow, as part of a training exercise, March 19.

The fictional release of the corrosive gas was part of a base-wide training operation dubbed Exercise Haber Rail. The fictional chlorine gas leak occurred just after 8 a.m., from a tanker car sitting on the rail tracks north of the warehouses aboard the Nebo Annex of MCLB Barstow.

The Emergency Operations Center at the Mission Assurance Department was stood up and staffed with personnel from every department aboard Base. Their mission during the exercise was to execute a plan to protect lives and property by stopping the gas leak, and evacuating the base if necessary.

Major Ernest Robinson, Assistant Operations officer, was the Senior Watch Officer in charge of the EOC, providing overall guidance for response to the fictional emergency situation while personnel from each department at the EOC performed their own individual functions as part of the whole.

Running an EOC is a demanding task which Robinson acknowledged is not a one-person endeavor.

"I appreciate the support and assistance from all sections in bettering the base's ability to re-

latively cleaner air inside their homes and offices.

Decontamination sites were

Meanwhile, access into the Base was cut off to all but emergency personnel while the safest routes off Base were plot-

ages all available resources in a coordinated manner," Clemans continued. "It is unique and it is necessary."

few key planners will design an exercise in a vacuum and then have it triggered by some real-world event," he explained. "For example, I may say the next time a wild fire consumes more than 20,000 acres of land in the United States, our exercise is triggered. This way no one (not even myself) knows when we will conduct the exercise, and it gives everyone the imperative to be ready at all times."

Under the Colonel's direction, the social media platforms of Facebook and Twitter were used to keep the base and civilian populations constantly informed during the exercise, including photos of first responders, Marines and civilians working at various simulated staging areas.

The CO said training exercises such as standing up the EOC during a hazardous materials spill is just part of a larger ongoing mission to keep Marines and first responders on their toes.

"In the future, myself and

"Marines don't work for a living, we train for a living," said Clemans. "In a crisis, we all revert to what we've been trained to do ... so we had better be well trained. My hat is off to everyone who had a hand in designing the Haber Rail exercise - we are better prepared for having conducted it."

Blue Angels announce CO, flight leader

The Navy Flight Demonstration Squadron, the Blue Angels, announced the commanding officer for the 2020 and 2021 seasons at a press conference at Naval Air Station Pensacola, Fla., April 2.

A selection panel comprised of nine admirals and former commanding officers selected Cmdr. Brian Kesselring to succeed Capt. Eric Doyle.



Applicants are required to have a minimum of 3,000 flight hours and be in current command or have had past command of a tactical jet squadron.

Kesselring joins the Blue Angels after serving as the commanding officer of Strike Fighter Squadron 81. His previous assignments include four squadron tours, where he flew the F/A-18 Hornet and deployed in support of Operation Iraqi Freedom, Operation New Dawn, Operation Enduring Freedom and Operation Inherent Resolve.

"It's absolutely humbling and I'm honored to be here to represent the Navy and Marine Corps team," said Kesselring. "Throughout my career as an F/A-18 pilot, I've always looked



Domingo Duran, Assistant Fire Chief, MCLBB Fire and Emergency Services Division, reports simulated rail tanker car gas leak during Exercise Haber Rail aboard Marine Corps Logistics Base Barstow March 19.

act to incidences both man-made and natural," Robinson said. "I am thankful to all the tenant organizations and residents that have demonstrated true patience as we identify critical gaps and shortfalls within the emergency management program in order to ensure their overall safety and protection.

Employees not in the immediate path of the fictional gas plume were told to shelter in place by closing all doors and windows and turning off their heating and air conditioning units and survive on the

set up to treat those exposed to the chlorine gas. The "2016 Emergency Response Guidebook," consulted by first responders nationwide in how to handle hazardous waste and materials spills, describes the symptoms of chlorine gas exposure as consisting of burns to the mucous membranes of the eyes and mouth as well as burns to the throat and lungs.

Safe gathering points for those not exposed to the gas were established at the Semper Fit Gym and at the Desert View Housing Community Center.

ted, and Marine Corps Police Department officers directed fleeing employees to return to their own homes in the civilian community.

Colonel Craig C. Clemans, commanding officer, MCLBB, reacted to the crisis response efforts. "Having watched a good portion of the exercise, the confidence I have in our ability to respond to a disaster has been bolstered."

"The EOC is designed to respond in a way which addresses all facets of a crisis and lever-

Places of Worship

<p>Bayview Church <i>Attract... Assimilate... Activate</i> 6126 Pastor Timothy J Winters St., San Diego 92114 (619) 262-8384 Sunday 6:45am, 8:30am, 11am Worship Service Studies in Christian Living (formerly known as Sunday School) Tuesday & Thursday 6pm, Wednesday 5:30pm & Saturday 9am www.bayviewbc.org info@bayviewbc.org</p>	<p>First Baptist Church <i>"Reach Up, Reach Out, Reach the World"</i> Interim Pastor Jim Baize www.fbcoronado.com Sunday Bible Study 8:45am, Sunday Worship Service 10 am Friday's Women's Bible Study 9:30-11:30am 445 C Ave., Coronado, CA 92118 (619) 435-6588 ariel@fbcoronado.com FB: First Baptist Church of Coronado</p>	<p>Lighthouse Baptist Church <i>"Where the Shout has not Died Out"</i> 1345 Skyline Dr., Lemon Grove, CA 91945 Sunday School and Adult Bible Classes: 9:30am Sunday Morning Service 11am, Sunday Evening at 5:30pm Midweek Service and Teen Church, Thursdays at 7pm www.lighthousebaptist.com (619) 461-5561</p>	<p>Mesa View Baptist Church Dr. Darrow Perkins, Jr., Th.D. Pastor/Servant CW03, USMC (Ret.) <i>Seeking Sinners; Saving Souls, Strengthening Saints</i> Sunday Church School at 8:45am • Morning Worship at 10am Wednesday Night Bible Study 7pm 13230 Pomerado Rd., Poway CA 92064 www.mesaview.org (858) 485-6110</p>
<p>Canyon View Church of Christ <i>"Love God, Love People, Serve the World"</i> Sunday Bible Classes for all ages 9am Sunday Worship 10am, 6pm Wednesday nights 6pm Fellowship & Pizza! 6:30pm Bible Classes for all ages 4292 Balboa Ave., San Diego, CA 92117 Email: cvooffice@canyonview.org (Near corner of Balboa Ave & Clairemont Dr) (858) 273-5140 www.canyonview.org @gotochrist facebook.com/cccsd</p>	<p>New military families are moving to San Diego every day. Invite them to worship with you in the Dispatch Church Directory. (619)280-2985</p>		<p>Mt. Moriah Christian Church <i>"Purpose Driven" Gospel Church</i> Multi- Cultural, Non-Denominational Services on Sunday at 9am and 11am Near Miramar Base L.J. Thomas - Sr. Pastor 7055 Carroll Rd., San Diego CA 92121 (858) 335-5795 www.mtmoriahcc.org</p>
<p>Christ Community Church <i>Helping people love God and each other more!</i> Saturdays at 6 pm & Sundays 8:45am & 10:45am Children's Ministries for All Kids! Small Groups for Teens and Adults of all Ages! 9535 Kearny Villa Rd., Mira Mesa 92126; Located just off Miramar Rd. & I-15 www.gotoChrist.com or (858) 549-2479</p>	<p>First Baptist Church of San Luis Rey Sunday: Sunday School 9:15am; Morning Worship Service 10:30 am Wednesday: Prayer Service 6:30pm Friday Bible: Study 6:30pm; Youth Night 6:30pm 101 Stallion Dr., Oceanside, CA 92057 (760) 757-2722 email: fbcslr@att.net</p>	<p>St. Luke's Lutheran Church 5150 Wilson Ave., La Mesa, CA 91942 Phone: (619) 463-6633 www.st-lukes-la-mesa.org Worship: 9am Pastor: Mark Menacher, PhD. <i>We thank you for your service!</i></p>	
<p>Extreme Gospel Worship Center Sunday: Sunday School 9am; Morning Worship Service 10am Wednesday: Bible Study 7pm Preschool Academy Ages 2-5; 6am to 6pm; M-F (619) 656-0131 10% Military Discount 880 Kuhn Dr., Chula Vista, CA 91914 (Directly Across from Kohl's) Website: http://www.extremegospelwc.org</p>	<p>La Jolla Lutheran Church <i>"We Follow Jesus"</i> Sunday 9:30am Worship and Sunday School Wednesday 6:30pm Bible Study 7111 La Jolla Blvd., La Jolla, CA 92037 (858) 454-6459 LaJollaLutheranChurch.com</p>	<p>Place your ad in our "Places of Worship" directory as low as \$13 per week!</p>	

NEXCOM celebrates 73 years of serving military, families

VIRGINIA BEACH, Va. - On April 1, the Navy Exchange Service Command (NEXCOM) celebrated 73 years of serving Sailors and their families. NEXCOM can trace its roots back to the 1800s when Sailors had to depend on "bum-boats" that moored alongside their ships to buy personal items. However, it wasn't until April 1, 1946, that Navy leadership officially created a command to handle the necessary retail business within the Navy.



"For 73 years, NEXCOM associates have been taking care of Sailors and their families around the world," said retired Rear Adm. Robert J. Bianchi, chief executive officer of NEXCOM. "Since our inception in 1946, 100 percent of NEX profits have gone to improving quality of life for military families worldwide, providing over \$3.6 billion to MWR. We are proud of the support we provide to the most deserving customers in the world and look forward to serving them for many years to come!"

NEXCOM encompasses six business lines including NEX store locations, the Navy Lodge Program, Ships Store Program, the Navy Clothing and Textile Research Facility, Uniform Program Management Office and the Telecommunications Program Office. Its mission is to provide quality goods and services at a savings to its authorized customers and to support Navy quality of life programs for active duty military, retirees, reservists and their families.

NEXCOM headquarters and NEX locations worldwide will mark the momentous anniversary with cake cutting events, promotions, sales and more. - by Kristine Sturkie

Thomas passes Special Operations Command reins to Clarke

WASHINGTON - Army Gen. Raymond A. Thomas III passed command of U.S. Special Operations Command to Army Gen. Richard D. Clarke, Jr. during a ceremony in Tampa, Fla., March 29.

Acting Defense Secretary Patrick Shanahan presided at the ceremony.

Thomas steps down after 39 years in uniform and service around the world. Clarke had served as director for strategic plans and policy on the Joint Staff. Both are graduates of the U.S. Military Academy at West Point, N.Y. Both have commanded at all levels of the conventional and special operations forces.

Shanahan said Socom is on the front line of freedom. He noted special operators work in more than 90 countries around the world, though they make up only 3 percent of the joint force. "You're the lethal tip of our spear," the secretary said. "By going in first and seeing every mission to the end, you enable more comprehensive military action and that translates into diplomacy and ultimately gives peace a chance," the secretary said.

2nd Fleet to lead BALTOPS 2019

VILNIUS, Lithuania - 2nd Fleet (C2F) will lead the 47th annual exercise Baltic Operations (BALTOPS) 2019, the premier maritime-focused exercise in the Baltic Region that takes place in the Baltic Sea mid-June 2019 marking the fleet's first time operating in the European theater since reestablishment in 2018.

Commander, C2F, Vice Adm. Andrew "Woody" Lewis, will lead the exercise on behalf of U.S. Naval Forces Europe. He addressed more than 200 planners at the BALTOPS final planning conference in Vilnius, Lithuania, April 2.

"As you all are aware, U.S. 2nd Fleet will be leading the exercise, but make no mistake, it'll be founded on NATO and partner principles," said Lewis.

DOD official: Maintaining space dominance 'pivotal' for U.S. warfighters

by C. Todd Lopez

WASHINGTON - The United States was the first - and still the only - nation to put a man on the moon. Nobody will forget that. But come July, that first manned lunar landing will have been exactly 50 years ago.

A lot has changed in space in the last half century, including the number of countries that are capable of putting things on the moon, launching rockets with complex satellites, or building space stations. The U.S. still has a lead in space, but that might not last long.

Russia and China, for instance, "are looking to asymmetrically undermine our space-based capabilities," said Kenneth Rapuano, the assistant secretary of defense for homeland defense and global security, at a March 27 hearing of the Senate Armed Services Committee's subcommittee.

"Space is a vital national interest," Rapuano said. "It underpins our economy and way of life, supporting our academia, agricultural, banking and travel sectors, among others. The rapidly growing commercial space sector offers enormous promise

for the prosperity of Americans and our global partners."

But space also offers the U.S. military an advantage that Rapuano said America must fight to maintain. Just how important is space to uniformed gunslingers on the battlefield?

"It's pivotal," Rapuano said. "Our targeting. Our communications. Positioning, timing, location for GPS. And all of the ... capabilities in terms of surveillance and reconnaissance that we get from space. Real-time situational awareness of adversaries'

locations and activities. To lose those capabilities would be very significant, and that is why we are so focused on defending and protecting them."

Rapuano let senators know the U.S. has got to step up its game or risk losing its edge to the Chinese or Russians, both of whom are vying for the top spot in the space race for the strategic advantage it provides.

"China has expanded by orders of magnitude," Rapuano said. "The Russians have grabbed back. They have newly invested in space and developed some relatively exquisite capabilities. But the scale of the Chinese investment is the lead in terms of everyone else out there, including Russia. They have more rocket launches this year than the United States. They are the lead rocket-launch nation in the world."

U.S. edge at risk

Rapuano said China and Russia are developing military capabilities, doctrine and organizations intended to place U.S. space systems at risk, including anti-satellite weapons, ground-launch missiles and directed energy weapons. Additionally, he said, they continue to launch experimental satellites that conduct sophisticated on-orbit activities to advance counter-space capabilities.

"The department must do more to accelerate its response to the changing dynamics of space by adapting our organizations, policies, doctrine, capabilities and joint force employment to more effectively deter aggression, protect our interests and enhance our lethality," Rapuano said.

The DOD's proposal for U.S. Space Force, establishment of U.S. Space Command as a unified command, and establishment of a Space Development Agency are all part of DOD's efforts to move forward, Rapuano said.

Firefighter training goes virtual

by Charles J. Haymond

OFFUTT AIR FORCE BASE, Neb. - Firefighters train weekly to maintain readiness, so when the call comes to put their lives at risk for the people they serve, they are prepared.

Whether in training or on a live fire, they are susceptible to various carcinogenic toxins - until now.

To help reduce the inhalation of toxins, more and more fire departments are purchasing virtual reality equipment to provide a safer way to train their members. Offutt Air Force Base is one of them.

The 55th Civil Engineer Squadron fire department recently used innovation funds to purchase a simulator that provides real world scenarios to enhance their skills without being in an unsafe environment.

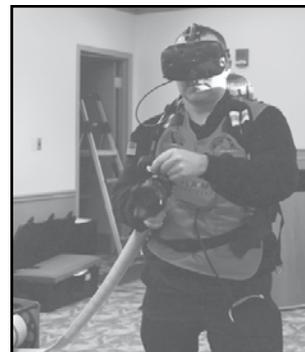
"This trainer allows firefighters to fight fires in a virtual controlled environment that detects whether agent is applied correctly to extinguish fires," said David Eblin, 55th CES installation fire chief. "The trainer mimics the heat a firefighter feels and presents a multitude of fire scenarios, to include building and aircraft fires."

Not only is the simulator safer, but it's also more cost effective and easier to use. Now firefighters do not have to load up their rigs with equipment, water, gas and wear heavy equipment when training. They are able to train in their training rooms without leaving the facility.

"With the cost of firefighter personal protective exceeding \$3,000 and the high cost of specialized firefighting vehicles - \$500,000 to \$800,000 - this trainer saves wear and tear, fuel and operational costs on these high dollar assets as they are not used as often," Eblin said.

The simulator consists of a head monitor display, nozzle and protective clothing.

The computer central processing unit is in the simulated firefighter air tank system that the individual places on their back. This simulated tank is much lighter than what the firefighters would normally wear during a call.



Arpad Lepper, 55th Civil Engineer Squadron fire department training chief, puts out a simulated C-17 aircraft fire while using a FLAIM Trainer simulator. Air Force photo by Charles J. Haymond

"Light-weight means less physical stress on our bodies," said Carlos Ruffin, 55th CES firefighter driver operator. "Our vehicles, and equipment would also stay in-service, allowing for faster responses to real world emergencies that occur while we're training."

While the simulator allows skill sharpening in a safe environment, the department recognizes the authenticity of a real fire is the best way to learn.

"There's no substitute for fighting real fires," Ruffin said. "In order to do what we do, we have to know how fire is going to react when you introduce something new to that environment - water, foam, ventilation, etc. If you apply any of those examples in the wrong way, you could end up hurting yourself and others."

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Make the commitment to end sexual assault



Sailors aboard USS George H.W. Bush stand in the shape of a ribbon holding teal paper to recognize Sexual Assault Awareness and Prevention Month. Navy photo

WASHINGTON - The Navy joins the Department of Defense (DoD) and the nation in observance of Sexual Assault Awareness and Prevention Month (SAAPM) this April.

The continuation of the theme "Protecting Our People Protects Our Mission", established by the DoD Sexual Assault Awareness and Prevention Office, underpins the idea that our people are our most important strategic resource and that operational excellence depends on supporting our personnel, protecting our shipmates and safeguarding team cohesion. "Make the Commitment" is the call to action for the Navy. The theme and call to action encourage all members of the Navy team to commit to promoting a culture that does not tolerate sexual assault.

"I'm committed to eliminating the scourge of sexual assault and sexual harassment across the Department of the Navy," said Secretary of the Navy Richard Spencer. "Sexual assault and sexual harassment are unacceptable threats to unit cohesion and cause long term physical and mental harm to those affected. We owe our Sailors, Marines, and civilians a safe, secure, and professional environment as they serve our Navy and nation."

Tolerating toxic behaviors within our ranks impedes our ability to fight and win wars by eroding trust and degrading individuals who contribute to the mission. This awareness month is designed to enhance year-round efforts to eliminate the crime of sexual assault and ensure all Sailors are treated with dignity and respect.

"Sexual Assault is a toxic threat that harms us all. It must stop, and it will, with engaged leadership and teamwork—in our divisions, squads, and watch teams. There is no room for bystanders in the Navy," said Chief of Naval Operations Adm. John Richardson. "Our Navy Team makes itself stronger when we build each other up, when we encourage 'best ever' performance, and we strive for excellence. When we find and hold perpetrators accountable. When we destroy our enemies. Sexual assault is an enemy. And it's time to end it."

SAAPM provides the Navy with the opportunity to highlight programs and initiatives that educate Sailors, support victims, and encourage shipmates to take an active role in making a commitment to preventing, reporting, and eliminating sexual assault in the force. Sexual harassment and assault, in person or online, violates the Navy's core values and is not tolerated.

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Ask Rusty - Why should a veteran pay for Medicare?

Dear Rusty: I'm a veteran and all my medical needs are covered by the VA. Why should I be paying for Medicare out of my monthly SS check? Signed: Inquiring Veteran

Dear Inquiring Veteran: Well, it depends upon how comfortable you are that the VA will be able to provide all the medical services you may ever need, emergency or otherwise, for the rest of your life. I, too, am a veteran and receive some of my care, such as wellness exams, blood tests, some prescription drugs, and immunizations - from the VA, but I also have Medicare to cover other services which are not typically available on an immediate basis from the VA. The point is, there will almost surely be times when you won't be able to rely on the VA for needed immediate care or certain specialized services from specific medical experts, and if you don't have Medicare you may find yourself facing some very large medical expenses for which you will be personally responsible. That's where Medicare will help because nearly every medical facility and healthcare service in the country accepts patients with Medicare. And being immediately accepted as a Medicare patient anywhere in the country, anytime of day or night must certainly have some value for you. After all, none of us know what our health future will be.



Since you're now collecting Social Security I assume you're already enrolled in Medicare Parts A & B, and you're questioning why you should continue to pay the Part B premium. Medicare Part B is coverage for doctors and other outpatient services, while Medicare Part A provides hospitalization coverage. There's a premium for Part B (\$135.50/month in 2019), but Part A is free if you also qualify for Social Security. And, by the way, you must have Medicare Part A to collect Social Security after you're 65. For information, VA coverage for drugs is considered "creditable" as an alternative to Medicare Part D prescription drug coverage. But other VA healthcare coverage is not a "creditable" alternative to Part B by Medicare's standards, so it won't count for avoiding a late enrollment penalty if you drop Part B now and decide afterwards to re-enroll.

Unless you have other "creditable" healthcare coverage from your or your spouse's employer after dropping Part B, re-enrolling later will result in you being assessed a late enrollment penalty of 10 percent on top of the Part B premium amount, recurring every year, for each full year you go without Part B coverage. That penalty doesn't go away, and it will go up as the Medicare Part B premium increases (which it does from time to time).

Additionally, you will be restricted when you can later re-enroll and when your coverage will start again. For clarity, if you have other "creditable" (not VA) coverage you can drop Part B, save the premium, and re-enroll in Part B again later without penalty (when your other "creditable" coverage ends). But if you don't, you may find your healthcare options limited and you'll incur penalties for re-enrolling in Part B later.

Obviously the choice is yours to make, but I suggest you consider the above points carefully when making your decision about whether to drop Medicare Part B and rely only on the VA for your healthcare coverage. That's not to take anything away from the excellent healthcare services offered by the VA, but only to make sure you're aware of the risks associated with dropping Medicare Part B.

This article is intended for information purposes only.

Trump awards MOH to Soldier who sacrificed it all

by Joe Lacdan

WASHINGTON - Travis Atkins didn't hesitate the June morning when he saw the insurgent reach for a suicide vest underneath his clothing. With his fellow Soldiers mere feet away, Atkins knew he had to act quickly before the enemy's bomb detonated.

The staff sergeant wrapped his arms and body around the insurgent to shield three Soldiers from the brunt of explosion.

"In his final moments on earth, Travis didn't run," President Trump told a White House audience during Atkins' Medal of Honor ceremony March 27. "He shielded his men from certain death."

Those three Soldiers Atkins saved - then-Pfc. Michael Kistel, Spc. Travis Robertshaw and Spc. Sand Aijo - sat in the audience, wearing their military dress uniforms.

Atkins' actions took place during the height of the Surge, in the midst of some of the most vicious fighting of the Iraq War. "He was stationed in a hotbed of terror," Trump said.

The morning of June 1, 2007, Atkins and his three-man squad patrolled through Abu Samak, Iraq, in the outskirts of Baghdad,

when they received a report of two suspected enemy troops attempting to cross a nearby route.

Atkins left the Humvee and approached one of the men. As Atkins searched the man for weapons, the insurgent resisted, Trump said. During the struggle, the enemy reached for his vest. Atkins, quickly realizing the man wore a suicide bomb, covered and shoved the insurgent to the ground. The blast killed Atkins instantly, the president said.

"He rose to the highest calling," Trump said. "He laid down his life to save the lives of his fellow warriors."

Days before his passing, Atkins called his son, Trevor Oliver, in the United States to wish him a happy 11th birthday. It would be the final time Atkins spoke to his son. Now 22, Trevor took the podium to accept the medal on his father's behalf.

"It's something that I can't really put into words," Oliver said

as he looked at an audience that included Atkins' parents, Jack and Elaine, his sister, Jennifer, and his extended family. Fifty members of his father's unit, the 10th Mountain

Division, his second deployment there. He previously deployed to Iraq with the 101st Airborne Division (Air Assault) during the beginning of Operation Iraqi Freedom in 2003.

After coming home from Iraq, he returned to civilian life for a while, but he soon re-enlisted in the Army again, returning to the infantry's ranks.

"That's where he wanted to be," Trump said. "He loved everything about being with the troops."

Atkins came from a military family. His father served as a paratrooper in Vietnam. His uncle and cousin also served in the armed forces. Nearly 12 years after his passing, the president said Atkins will join a select few in the military's history.

"Your father's courage and sacrifice will live for all time," Trump told Oliver. "And every time we see our stars and stripes waving in the sky, we will thank [him]."



President Trump presents the Medal of Honor to Trevor Oliver, the son of the late Staff Sgt. Travis Atkins. Photo by Shejal Puliavarti

Division, also were there.

"It's something that's surreal and I still haven't fully accepted it yet," Oliver said.

Atkins deployed to Iraq in August of 2006 with the 10th

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Career & Education

Those with ADD/ADHD should assume responsibility for their work

by Dr. Daneen Skube

Q: Do you have advice for working with people with ADD/ADHD? I'm weary of bringing things to their attention multiple times because they forget, do it partially, or do it wrong. These aren't subordinates but administrative-level people. I can't get them to use checklists. It's difficult to work with people you can't trust. I know I can't change them so how do I lower my frustration level?

A: You can work better with people with ADD/ADHD if you allow them to assume responsibility and consequences for their work. Yes, this means they'll often drop the ball, and if you set it up right they'll then have educational suffering that motivates them to use checklists or anything that helps their focus.

In a work environment where everyone can see themselves as a protected class many people believe they are entitled to pity

and no accountability. The truth is, no matter what our circumstances, we are all ultimately accountable for the results we get. This concept once was called a "work ethic."

During a long career we will experience life adversities: cancer, divorce or a death, yet it is not our co-workers' job to carry our responsibilities. If people do offer to help us we can be surprised by their kindness without

INTERPERSONAL EDGE:

being entitled to our tasks being done by others. When our workplace helps us by structuring our work to accommodate us, the effective response is appreciation not entitlement.

We may also have profound challenges like mental illness, mood disorders, learning differences or ADHD. Yes, life is way harder with these issues. Yes, federal laws require certain

accommodations. Yet we are still ultimately responsible for showing up in life and work without entitlements that everyone around us will carry our responsibilities. Coming from a family with profound mental illnesses and dealing with an anxiety disorder, I can speak to this first hand.

We've all seen people that do what they need to do to function. They invent strategies,

take medicine or seek therapy to ensure they are effective. In collaboration with managers they negotiate how to structure their jobs. We have also seen people who do not believe they have responsibility because of their difficulties and who get furious if you suggest otherwise.

I do not recommend getting into accountability arguments. What I do recommend is to

structure your interactions with people so they get to sink or swim. My clients that "over function" (take care of everyone else) have the hardest time seeing the freedom they have to let others fail. If you keep doing everyone's job then they will never improve.

Make a checklist of the ADHD people who are driving you crazy. Beside each name make a list of everything you are doing for him or her. Now make another list outlining how you could instead let them fail publicly and experience the consequences.

Most human beings truly only learn a new skill when they are in pain. If you don't let people suffer they will never change. Once your ADHD co-workers are suffering, you can then ask them what they think would help them focus. A strategy invented by a person in pain is motivational. A strategy invented by anyone else, not so much.



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Navy Wounded Warrior Trials impact Naval education commander

PENSACOLA, Fla. - A little battered and bruised but no worse for wear, Rear Adm. Kyle Cozad, commander of Naval Education and Training Command (NETC), returned from Coronado after competing in the 2019 Team Navy Trials, March 15-21.

Cozad, along with 54 other wounded warriors, tested their grit in 13 events including row-

ing, cycling, wheelchair basketball, golf, swimming, wheelchair rugby, wheelchair tennis, sitting volleyball, powerlifting, shooting, archery and track and field. Only a select few will represent the Navy in the 2019 Department of Defense (DOD) Warrior Games to be held in Tampa, Florida, June 21-30.

"I quickly discovered that I was the 'silverback' in the group

in terms of age and rank," said Cozad. "I can assure you that folks took me seriously on day one when I commented that rank was irrelevant. The young guys and gals took it to me on the court, cycling course, rowing venue, basically wherever they could. Trust me, there was no mercy for the old man!"

The Team Navy Trials are part of the Navy Wounded Warrior

- Safe Harbor (NWW) program, which is the Navy's sole organization for coordinating the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen, and providing resources and support to their families. Navy Wounded Warrior has assisted more than 6,600 service members throughout the country.

Although the trials allowed

Cozad to experience sports he had never tried since he was injured in spring 2018 causing him to adapt to wheelchair mobility, it was the time spent with fellow wounded warriors that had the greatest impact.

"The week provided me an opportunity to spend time with each of the wounded warriors and their caregivers, which gave me a perspective that exceeds

words," said Cozad, who underwent emergency back surgery and is working through physical therapy to stand and walk again. "I can cite example after example of how this program, and more specially, adaptive sports have literally changed lives, and for that understanding, I walked away with much more than I ever imagined before I arrived."

see Cozad, page 8



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Local Military photo essay



(1) **SAN DIEGO** (March 22, 2019) - Senior Chief Aviation Support Equipment Technician Augustine Ilomuanya, assigned to USS *Makin Island*, conducts a dress white uniform inspection. *Makin Island* is conducting a depot-level maintenance availability. Navy photo by MC2 Colby A. Mothershead

(2) **PEARL HARBOR** (April 2, 2019) - Sailors man the rails aboard USS *Zumwalt* as the ship pulls into Pearl Harbor-Hickam. The destroyer provides the Navy with agile military advantages at sea and with ground forces ashore. Navy photo by MC1 Holly L. Herline

(3) **AT SEA** (March 29, 2019) - Sailors on the flight deck of USS *Essex* off load ammunition prior to arriving in San Diego. Navy photo

(4) **MCRD SAN DIEGO** (March 26, 2019) - A recruit with Hotel Company traverses through an obstacle during the Bayonet Assault Course. Photo by Lance Cpl. Jesula Jean-louis

(5) **MCAS MIRAMAR** (March 28, 2019) - Passing of colors from Lt. Col Charles Bodwell, VMM-166, to Lt. Col. James Ford III, CO of VMM-166, during a change of command ceremony. Photo by Cpl. Samuel Ruiz

(6) **NMCS SAN DIEGO** (March 29, 2019) - HM3 3rd Class Juan Torresanchez Jr., assigned to Naval Medical Center San Diego, participates in a virtual reality game used for cognitive rehabilitation during the Traumatic Brain Injury Symposium. Photo by MC3 C. Pinsky

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NSTC commander visits NROTC San Diego

SAN DIEGO - Rear Adm. Mike Bernacchi, commander, Naval Service Training Command (NSTC), recently visited the San Diego Naval Reserve Officers Training Corps (NROTC) consortium.

Bernacchi toured three universities affiliated with the unit; University of San Diego, San Diego State University and Point Loma Nazarene University, where he met with university presidents, provosts, and deans. This provided an excellent opportunity to strengthen relationships while collaborating on programs and ideas to improve officer development. He also held an Admiral's Call with the NROTC staff and with the entire Battalion during their drill.

NROTC units report to NSTC, and command visits are an opportunity for professional development for the midshipmen as they interact with a flag officer as well as a chance for them to ask questions about the program and the Navy.

Capt. Ed Kaiser, the consortium's commanding officer, said, "Rear Adm. Bernacchi's visit provided an excellent opportunity for students and staff to ask questions regarding the future of the NROTC program, including upcoming initiatives to improve their professional development."

Bernacchi spoke with the midshipmen about leadership, changes to the NROTC program to improve training, and the need for Naval warfighters ready to lead the Navy and Marine Corps into the future.

"The battalion appreciated the opportunity to hear from and speak with Rear Adm. Bernacchi during our monthly drill," said Midshipman 1st Class Michael Lyons,

student battalion commanding officer said.

"His enthusiasm for the New Student Indoctrination and Sea Trails programs hit home for the midshipmen. They aren't only excellent training opportunities for incoming freshmen and rising juniors, but also excellent leadership opportunities for rising seniors."

The Navy ROTC program develops midshipmen mentally, morally and physically, to imbue them with the highest ideals of duty, loyalty and Navy core values.

The program provides college graduates an opportunity to commission as naval officers who possess a basic professional background, are motivated toward careers in the naval service, and have potential for future development in mind and character, so as to assume the highest responsibilities of command, citizenship and government.

Bernacchi, NSTC commander, headquartered at Naval Station Great Lakes, Ill., supports 98 percent of initial officer and enlisted accessions training for the Navy, as well as the Navy's Citizenship Development Program.

Bernacchi and his NSTC staff at Great Lakes and at Naval Air Station Pensacola, Fla., also support Recruit Training Command (RTC), the Navy's only boot camp, at Great Lakes; NROTC units at more than 160 colleges and universities across the country; Officer Training Command (OTC) in Newport, Rhode Island; Navy Junior Reserve Officers Training Corps (NJROTC) and Navy National Defense Cadet Corps (NNDCC) citizenship development programs at more than 600 high schools worldwide.

Sailors unfurl a flag at opening day, Petco Park

by Lt. Patrick C. Rumsey

SAN DIEGO - Sailors from Information Warfare Training Command (IWTC) San Diego helped kick off this year's Major League Baseball season opening day contest between the San Diego Padres and the San Francisco Giants at Petco Park, March 28.

Sixteen Sailors from IWTC San Diego teamed up on the playing field with over 300 Sailors from 35 commands around the San Diego area before the first pitch was thrown to unfurl and hold a 900-pound American flag as San Diego native, Brian Justin Crum, performed the national anthem.

Four F/A-18 Hornets from the "Sharpshooters" of Marine Fighter Attack Training Squadron 101 (VMFAT 101) conducted a flyover of the baseball stadium as the anthem concluded.

"I volunteered to be here today because it is important to take the opportunity to display our nation's flag at a great event like this," offered Intelligence Specialist 1st Class Justin Meisner. "As a Sailor in the United States Navy, our country's ensign has a special meaning to me, and it represents the sacrifices made by current and former members of all branches in our military. The unfurling provided a great way of promoting esprit de corps within our ranks and was a very rewarding experience, especially as a baseball fan."

Before the seventh-inning stretch, Petty Officer 1st Class Yarrick Sharod Conner sang "God Bless America." Sailors on-hand for the game were able to watch the Padres emerge as victors, as the home team went on to win by a score of 2-0.

"Participating in this ceremony took me back to the day that I raised my right hand and took the oath of enlistment," said Cryptologic Technician 1st Class (Maintenance) Thomas Koch. "Walking into a stadium with over 40,000 cheering fans on a beautiful day embodies the values that make our country the

greatest on Earth."

IWTC San Diego, as part of the Center for Information Warfare Training (CIWT), provides a continuum of training to Navy and joint service personnel that prepares them to conduct information warfare across the full spectrum of military operations.

With four schoolhouse commands, two detachments, and training sites throughout the United States and Japan, CIWT is recognized as Naval Education and Training Command's top learning center for the past three years.

A ready, lethal, and capable Surface Force: Center's founder visits SMWDC

NAVAL BASE SAN DIEGO - Adm. Bill Gortney (ret.) visited Naval Surface and Mine Warfighting Development Center (SMWDC) here March 28.

"It was an honor to host Admiral Gortney's visit with our team," said SMWDC Commander Rear Adm. Dave Welch. "His vision to develop Warfighting Development Centers akin to Naval aviation's model across the rest of our warfare communities is having a big impact on the Fleet by helping us to deliver a more lethal Surface Force to our Strike Group and Fleet Commanders."

During his visit, Gortney received an update on the command's development along its four lines of operation since its establishment in 2015 to include the development of the surface Warfare Tactics Instructor program. WTIs are a growing cadre of tactically astute junior Surface Warfare Officers supporting advanced tactical training, doctrine and tactics, techniques, and procedures development, Fleet operational support, and capability assessments, experimentation, and future requirements during production tours at SMWDC and other commands where they help increase Surface Force lethality. Production tours are a



Over 300 Sailors from 35 commands around the San Diego area rehearse a flag ceremony at the Admiral Prout Field House onboard Naval Station San Diego. The ceremony was performed later that day on the field at Petco Park before the San Diego Padres opened their season against the San Francisco Giants. Navy photo by Command Master Chief Jason Dunn

Training over 21,000 students every year, CIWT delivers trained information warfare professionals to the Navy and joint services. CIWT also offers more than 200 courses for

cryptologic technicians, intelligence specialists, information systems technicians, electronics technicians, and officers in the information warfare community.

WTIs opportunity to refine the skills they learn during a training syllabus that includes training as a trainer and as a tactical expert in one of four warfare areas - anti-submarine/surface warfare, amphibious warfare, integrated air and missile defense, or mine warfare.

"To have one of the leaders who was here when WDCs were implemented and who deeply understands the history behind them was a unique, invaluable opportunity for us," said Welch.

"We had a fully informed conversation about what we have accomplished, what we're doing, and what we plan to do next as a command," said Welch. "Having him 'red-team' our ideas in an informal, criti-

cal environment led to a rich discussion. It reinforced much of what we are doing as a team, and I am confident we are on the right track toward a sustainable model of transitioning readiness into lethality as we approach full operational capability in the next couple of years.

"The continued investment by the Navy in the WDC concept is critical to our ability deliver in this era of great power competition. We continue to recruit and attract top talent across the Fleet for the WTI program, and our retention numbers trend high."

SMWDC is one of five Warfighting Development Centers in the Navy. SMWDC is a subordinate command of Commander, Naval Surface Force, U.S. Pacific Fleet.

Cozad continued from page 6

Since his injury, Cozad and his family have received non-medical care support, helping with day-to-day issues, from the Navy Safe Harbor team during his ongoing recovery process.

"As a guy who'd been in for 33 years, and wasn't quite sure why my local Navy Wounded Warrior - Safe Harbor team wanted to visit me after I was released from the hospital, we (Navy leadership) need to better understand the what, why and how Navy Wounded Warrior supports our wounded, seriously ill and injured," said Cozad.

The games are part of the NWW program, which provides individually-tailored assistance designed to optimize the success of the wounded warriors' recovery, rehabilitation and reintegration activities. NWW is solely responsible for coordinating the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen, including introducing service members to adaptive sports, as well as providing resources and support to their families and caregivers.

"The program only works when prospective wounded warriors know about it, and when parent commands support it," said Cozad. "Although these stories are the exception, I have heard about commands who don't understand the program aims and on the extreme fringes, about commands who simply don't support their warriors."

From Cozad's small group interactions with other wounded warriors and the mentoring he does with about a dozen recently injured or recovering Sailors, he stated he left the Team Navy Trials with an important realization.

"There is nothing more important than an opportunity to supplement the great work our region Navy Safe Harbor case-workers provide by talking to other wounded warriors about their experiences," said Cozad. "No one knows what it's like better than someone who's been there, done that."

Although the oldest and most senior wounded warrior at the trials, Cozad hopes to represent the Navy at the 2019 DOD Warrior Games.

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The Meat & Potatoes of Life



by
Lisa
Smith
Molinari

April, the Month of the Military Child, reminds me of both challenges and opportunities faced by my own military children.

"Annabana, knock 'em dead," I said when I dropped my daughter off for her first day of 10th grade after we moved to Rhode Island. A typical Navy brat, Anna knew all about being the new kid, but this school was different. Very different.

Eight months prior, my husband, Francis, had received orders to Naval Station Newport. We visited the city to house hunt and investigate the public schools for our three children. Unfortunately, Newport's schools were disappointing, and we weren't sure what to do. While exploring, we drove past an old stone wall emblazoned with a "St. George's School" crest. A tree-lined road lead to a stately building with two red doors.

"Wow," I told Francis, "Is that one of those old boarding schools? Like in the movies?" Later in our base hotel room, Google confirmed that it was. The tuition was astronomical - impossible for us. But the admissions webpage encouraged "families of all economic levels" to inquire about financial aid.

"I'm sending them an email," I told Francis.

"You're wasting your time," he laughed.

The next morning at 8 a.m., the Admissions Director called. He told

Boarding school scholarships offer military children uninterrupted education

us of their "Military Scholarship Program," and offered to show us around. We met him at the red doors, and with our mouths agape, toured the stunning campus.

Eight months later, Anna arrived, nervous for her first day. Although the school offered to board Anna, she opted to be a day student, knowing she could become a boarder like the other "military scholars" if we got orders to move before her graduation.

Anna blossomed at St. George's, which embraced her interest in fashion design as an academic pursuit, not as a hobby as others had. They gave her a fashion column in the school newspaper, allowed her to create garments in advanced art classes, entered her designs in contests, and established a new position for her as costume designer for the musical productions. Anna completed a semester at sea aboard the school's sailboat, where she earned science credits while traveling to other countries and tagging sea turtles. Anna became a popular friend to her boarding peers from all over the world. Most importantly, the school showed genuine respect for military families like ours who lead lives of service.

Anna is now a fashion design student at Syracuse University, thriving during her semester abroad at London College of Fashion. Her extraordinary high school experience undoubtedly contributed to her positive outcome.

Francis and I learned that boarding schools are not stodgy institutions where wealthy kids are stashed by neglectful parents. They are supportive educational environments that offer unique opportunities in ideal settings. In fact, according to a recent study, 78

percent of boarding students reported feeling prepared for college, compared to 23 percent of public school students. Ninety percent of boarding school students feel they have high quality teachers compared to 51 percent of boarding school students. Only 50 percent of students find public school academically challenging, compared to 91 percent of boarding school students.

Furthermore, moving is harder on adolescents, who not only experience academic and athletic set backs, but they are more likely to have negative psychological consequences. The chance for a four-year, uninterrupted educational experience makes boarding school a good option for military families whose children don't want to endure the trauma of moving during high school.

Is it possible for military families to afford boarding schools?

Yes, but not without need-based grants, merit-based scholarships, or financial aid. Although St. George's was the first boarding school to offer a military scholarship, a new non-profit, The Orion Military Scholarship Fund, Inc., (OrionMilitary.org) is in its early funding phase. Orion plans to begin offering merit scholarships to qualified active duty military students to attend a variety of participating US boarding schools beginning in the year 2020. Francis and I feel so strongly about the benefits boarding school offers military children, we recently volunteered to serve on Orion's board.

While every military child deserves an education, those willing to explore unique alternatives could find extraordinary opportunities.

AutoMatters™ & More



by Jan Wagner

(Ratbot cover photo by Jan Wagner)

WonderCon 2019

Comic-Con International produces not one but two pop culture, blockbuster fan-centric conventions each year. The one that more people are familiar with is San Diego Comic-Con, which is about to celebrate its 50th year. The other show is WonderCon. While there are similarities, the two shows are actually quite different. They are both well worth attending.

Once again, after forays into Northern California and Los Angeles, WonderCon was held in what will hopefully be its permanent home - the Anaheim Convention Center.

WonderCon is a smaller, more intimate show than San Diego Comic-Con. Whereas San Diego Comic-Con typically has huge participation from the entertainment studios, with spectacular exhibits to promote some of their latest movies and TV shows, WonderCon is focused more on its roots, with aisle after aisle of comic book vendors, signings, reviews, famous guests, cool memorabilia for sale, attendees in costumes, a Saturday evening Masquerade celebrating the costuming creativity of the fans and, of course, a full slate of informative, entertaining panels.

In the vendor area of the large exhibit hall, there was something for everyone. I was especially impressed with the diabolical "Ratbots" automobiles, with their robotic appendages, from talented San Diego artist Richard Luna (<http://rlunagraphics.com>). Using paint and a variety of materials, he skillfully transforms R/C car bodies into extremely weathered-looking and beaten-up vehicles with robotic appendages, and combines them with imaginative, sinister creatures that he creates from scratch. The resultant, highly detailed "Ratbots" look frighteningly alive. His beautifully illustrated booklet entitled "United Front Ratbots" tells their stories.

The entertainment studios also participated - just on a smaller scale. For example, to promote the release of "Bumblebee" on DVD home video (see the review in AutoMatters & More #570), the studio sent over a large-scale model of Bumblebee, in front of which people could pose for photos, post them on social media and score a

WonderCon 2019: Batman, Stan Lee, Bumblebee, Shazam! and more

really cool, bright yellow, Bumblebee string backpack.

For me the coolest thing about Bumblebee was being in the right place at the right time for its disassembly after WonderCon. Luckily no Transformers flew in to defend Bumblebee from his inevitable fate.

Happy 80th birthday Batman

Batman turned 80 this year. To celebrate, the panel included a birthday party complete with cake (cream-filled, Batman logo cookie-topped cupcakes) and presents (a pocket-sized Bat-signal torch) for every member of the huge audience.

The panel recalled the evolution of Batman throughout eight decades. Panelists included David Mazouz, who plays young Bruce Wayne in the dark "Gotham" TV series; and Lee Meriwether, who played Catwoman in the campy, 1966, live action Batman movie featuring Adam West as Batman and Burt Ward as his sidekick Robin.

Lee shared fond personal memories of Adam West, who was especially kind to her as she embarked upon her role as Catwoman.

Remembering Stan Lee

The entertainment world lost the great Stan Lee last year. On Sunday at WonderCon, Stan was remembered with a moving, heartfelt tribute.

A place was reserved for him on what would otherwise have been a panel. One by one, people who had known Stan came up to the podium and shared fond memories of him. We were treated to an amazing compilation video of Stan's many cameos through-

out the years, followed by a presentation of artists' renderings featuring Stan in the entertainment universe that he helped create.

I remember hoping that Stan would walk in, telling us that he was not really gone after all, but that was not to be. He will be missed.

Shazam! reviewed

Huge "Shazam!" promotional banners that were displayed on the front of the Anaheim convention center welcomed everyone to WonderCon.

(Spoiler alert - this review introduces the basic plot.) Family-friendly "Shazam!" shows that magic may bring out the superhero that is in all of us. By shouting out the word Shazam!, Billy magically transforms from a 14-year-old kid into a reluctant adult superhero. With comical results, he then discovers and uses his superpowers to fight the forces of evil, who are led by Dr. Thaddeus Sivana. Along the way we are introduced to members of the DC Universe.

Comparisons to the Marvel Universe are inevitable. Whereas those films are spectacular, large-scale, special-effects extravaganzas, Shazam! is more intimate and low-key.

To see the official trailer, visit shazammovie.com.

To see additional photos, visit www.drivetribe.com, click on the magnifying glass, select "POSTS" and enter "AutoMatters & More #584" in their search bar. Please send your comments to AutoMatters@gmail.com.

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Omarr's weekly Astrological forecast



ARIES (March 21-April 19): New ideas can challenge even the most adept. Don't be way-laid by temporary changes. Your ambitious desires could run into roadblocks this week so it may be best to refrain from pushing forward an agenda.

TAURUS (April 20-May 20): Hard work is the only sure way to reach a modicum of success. Surprises might offer challenges so be prepared to shift gears at the drop of a hat. In the week ahead, you may learn that a partner is a financial genius.

GEMINI (May 21-June 20): Be alert for finely tuned fine print. The ability to adapt to new situations and rethink your position is your best asset. Don't get sidetracked by differences of opinion or tempted by get-rich schemes this week.

CANCER (June 21-July 22): Past problems might re-emerge and require your attention as this week unfolds. Someone's mood or gloomy outlook could squash your exuberance so it may be wise to wait for better timing to proceed.

LEO (July 23-Aug. 22): Life is complicated. One day you are the center of attention and the next day you aren't. Using logic to deal with financial matters can backfire during the upcoming week if you are focused on merely making profits.

VIRGO (Aug. 23-Sept. 22): Wordless communication is never worthless. You might experience an intuitive link that makes a relationship feel more romantic. Friends can bring their business expertise to your rescue in the week to come.

LIBRA (Sept. 23-Oct. 22): Your flirtatiousness will only be an issue if you let emotions overpower your head. New romances that blossom in the coming week need a "wait and see" attitude, as a permanent relationship may be only a mirage.

SCORPIO (Oct. 23-Nov. 21): You could be faced with impractical ideas. Ask for advice from those you trust this week and you will receive excellent guidance. Financial planning seminars could offer you knowledge that is profound or profitable.

SAGITTARIUS (Nov. 22-Dec.

21): Act as an anchor. You can be a soothing influence on partners who may be in too much of a hurry. In the coming week you may meet those who appreciate your brilliance and ability to transcend the ordinary.

CAPRICORN (Dec. 22-Jan. 19): Fight off the sleight-of-hand. You may meet a Houdini-like character in the week ahead or find a mysterious object in the workplace that tricks you into making a mistake. Remain skeptical of shortcuts.

AQUARIUS (Jan. 20-Feb. 18): Partnerships take a turn for the better in the beginning of the week ahead after a brief spat or rehashing of viewpoints. Listen to your intuitions before you act on matters of major importance and you won't go wrong.

PISCES (Feb. 19-March 20): Pavlov had a dog and Schrodinger had a cat. You probably have an experiment in mind, but you also need someone to lavish love and affection upon. You could develop dreams and fantasies in the week ahead.

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'04 HONDA ACCORD LS - Senior Citizen owned, Xlnt Cond. New Tags, Brakes & Tires 138K. \$2,499 Drives like new 619-287-8084. 4/11

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COLLECTIBLES/WANTED TO BUY

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 619.234.9153 ext.102 sdmaritime.org/ 1/3/20

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CITY HEIGHTS-2BR/1BA, laminate flrs, cell fans, enclsd patio, close bases, w/d hkups, single story, avail now. \$1600/mo. 619-831-2777. 4/18

NORTH PARK/BALBOA PARK-Newly renovated. 1BR/1BA 750 sqft. On-site laundry/parking. Cen. A/C, close to Fwy's. \$1750. Text me 4 pics. 858-354-4083. 4/4

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CORONADO-2BR/2BA, 1200 sq ft, unfurn, for lease. Secure bldg & prkg. Pool & jacuzzi. Panoramic view. Military welcome! Avail now. \$2800/mo. 619-247-0504. 4/18

CORONADO-3BR/2.5BA, Attached garage + off st prkg. Nr school, 2 flpc's, w/d hkup, central heat, No pets. \$3,800 Nick 619-302-8974. 4/18

RENTALS HOUSES

CHULA VISTA-4BR/1.5BA. Fresh reno, w/d, huge patio, lots of closets/storage, cell fans, priv prkg, min to base. \$2595. 858-344-5632. 4/4

NEAR QUALCOMM-Huge 3000sf 5BR/3BA. Fncd yrd, 2 car gar, flpc, w/d hkup. Nr shopping/schools. Huge family & dining rooms. 858-484-5131 or 858-705-0762. 4/4

REUNIONS

Midway-Class "3 Sisters" Reunion May 6-9, 2019 in San Diego. Looking for veterans who served on USS Midway, USS Franklin D. Roosevelt or USS Coral Seal You and your guests are invited to three days of tours and activities followed by Grand Banquet on flight deck of USS Midway Museum on Thursday, May 9. Register <https://www.afr-reg.com/midway2019/> or for info call Tim Miller at 619-942-2554 or email yokohamakid01@gmail.com

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Goodguys 19th Meguiar's Del Mar Nationals bringing hot rods, lowriders and AutoCross racing to the Del Mar Fairgrounds, April 5-7

Street Rod d'Elegance Award, PPG Lowrider Palace Display and Goodguys Auto-Cross highlight this year's event

Del Mar, CA- Goodguys Rod & Custom Association is set to bring their style of automotive fun to the scenic Del Mar Fairgrounds gathering together over 2,500 candy colored and chromed hot rods, customs, classics, muscle cars and trucks together for the Goodguys 19th Meguiar's Del Mar Nationals. The San Diego area will come to life the weekend of April 5-7 for a three-day celebration of the American hot rod. This event has become one of the "must attend" events on the Goodguys schedule and brings hot rodders from all over the US and Canada to the beaches of Del Mar to enjoy that Southern California sun. Combine the indoor car show, outdoor show n' shine, exhibits, swap meet, burnout competition, AutoCross racing and more and you have a full weekend of the Goodguys event experience.

Goodguys events originate back to 1983. The vision behind the Goodguys events was simple: to welcome all genres of American car enthusiasts with a lean towards V8 powered, low-to-the-ground eye catchers like hot rods from the 30s & 40s, lead sled customs from the 50s, Muscle Cars from the 70s as well as the new breed of American Muscle like 5.0 GT Mustangs, Z28 Camaros and more. The spirit of hot rodding is alive and well at the Goodguys events for sure in the generations of cars on display.

The Goodguys March Performance 2019 Street Rod d'Elegance will be a highlight of the event this year in Del Mar. Street Rods through 1948 vintage are eligible for compete for this prestigious honor. The main exhibit building will house these amazing creations!

Fans will get a close-up glimpse of just how eclectic the modern-day hot-rodding scene is though in spirit – the Goodguys core message is unchanged after 36 years – having fun with cars. Acres of 1987 & earlier show cars glistening with candy colors will sprawl throughout the scenic fairgrounds. It is a trip back in time for many. The sight of all of those classic cars takes many of us back to a simpler time in our history and offers a great history lesson on wheels.

Again, in the mix this year, the PPG Lowrider Palace display. This display will be housed in an entire building and will feature over 80 show stopping and chromed and candy colored lowriders.

The wildly popular Goodguys AutoCross fills that gap for those who have the need for speed. New for 2019, the PRO X class, and the new shootout format for Saturday. Competitors in the Goodguys AutoCross, a closed performance race course, vehicle speed & agility meet to battle it out in a weekend long fastest-car-wins contest of speed & skill. Each event will feature two 8 car field shootouts. There will be one Shootout event including the drivers in PRO and PRO X, and one for the drivers competing in Street, Machine, Hot Rod and Truck! The Duel in Del Mar presented by CPP will run Saturday afternoon from 3:30 to 5 pm at the event.

For those who need to do some shopping for a project, there's the midway featuring multi-million-dollar custom big rig tractor trailers (a show in and of themselves) offering high-performance parts and accessories to budding hot rodders and do-it-yourselfers. Having the chance to interact directly with manufacturers has long been an appealing aspect of Goodguys events. If you are working on a project, you can find what you need in the vendor midway. Throw in a giant used car parts swap meet and car corral (world's coolest used car gathering) and it's literally auto-utopia for any red blooded American with motor oil in their veins.

Gates are open Friday-Saturday 8am-5pm, Sunday 8am-3pm. General admission \$25 Friday and Saturday, \$20 Sunday, kids 7-12 \$10, 6 and under free. Del Mar Fairgrounds parking is \$15. Visit www.good-guys.com to purchase event tickets or to register a show car. Call Goodguys at (925) 838-9876 for more information. There is a \$5 off general admission for active or retired military with ID card at the spectator gate.

MOVIES at the Bases

Community Rec Center
 - NBPL, Main Base,
 619-553-9138, Bldg. 546

Thursday, April 4
 5pm The LEGO Batman Movie

Lowry Theater - NASNI,
 619-545-8479, Bldg. 650

Thursday, April 4
 6pm Isn't It Romantic
 7:50pm The Prodigy

Friday, April 5
 5:30pm Captain Marvel
 7:50pm Captain Marvel

Saturday, April 6
 12:50pm Captain Marvel
 3:10pm Fighting w/My Family
 5:20pm Captain Marvel

Sunday, April 7
 1pm How To Train Your Dragon: The Hidden World
 3pm Alita: Battle Angel
 5:20pm Captain Marvel

Monday, April 8
 5:50pm Captain Marvel
 8:10pm Madea Family Funeral

Tuesday, April 9
 6pm How To Train Your Dragon: The Hidden World
 8pm Isn't It Romantic
Wednesday, April 10
 5:50pm Captain Marvel
 8:10pm Fighting w/My Family

Thursday, April 11
 6pm How To Train Your Dragon: The Hidden World

NAB Theater - NAB, Q-Zone
 619-437-5487, Bldg. 337

Thursday, April 4

11am Isle of Dogs

5pm Peppermint

Friday, April 5

5pm Spider-Man: Spider-Verse

Saturday, April 6

2pm Green Book

5pm Mortal Engines

Sunday, April 7

5pm A Star Is Born

Monday, April 8

5pm No Movie Scheduled

Tuesday, April 9

11am Hotel Transylvania 3: Summer Vacation

5pm Widows

Wednesday, April 10

5pm Second Act

Thursday, April 11

11am Smallfoot

5pm Holmes & Watson

Bob Hope Theater 577-4143

Miramar Bldg 2242

* indicates last showing

Thursday, April 4

6:30pm The Prodigy

Friday, April 5

6:30pm Alita: Battle Angel

9pm Happy Death Day 2U

Saturday, April 6

3pm Captain Marvel

6:30pm Fighting w/My Family

9pm Madea Family Funeral

Sunday, April 7

1pm How To Train Your Dragon: The Hidden World

6:30pm Captain Marvel (3-D)

Wednesday, April 10

6:30pm Isn't It Romantic

Thursday, April 11

6:30pm Alita: Battle Angel

Naval Base Theater - NBSD,
 619-556-5568, Bldg. 71

Thursday, April 4
 5:50pm How To Train Your Dragon: The Hidden World
 8pm Madea Family Funeral

Friday, April 5
 5:50pm Captain Marvel
 8:30pm Captain Marvel

Saturday, April 6
 2pm Captain Marvel
 4:30pm How To Train Your Dragon: The Hidden World
 7pm Captain Marvel (3D)

Sunday, April 7
 2pm Captain Marvel
 4:30pm How To Train Your Dragon: The Hidden World

6:50pm Captain Marvel
Monday, April 8
 5:50pm Captain Marvel
 8:20pm Isn't It Romantic

Tuesday, April 9
 5:50pm Fighting w/My Family
 8pm Madea Family Funeral

Wednesday, April 10
 5:50pm Captain Marvel
 8:20pm Fighting w/My Family

Thursday, April 11
 5:40pm Happy Death Day 2U
 7:50pm Captain Marvel

Pendleton Movie Theatre

Building 1330 Vandegrift Bldg (760) 725-9217
 Active Duty adults \$7/3D-\$9
 Kids (6-12) \$3/3D-\$4
 \$5/under free/3D \$1 for glasses
 Half price Thursdays admission and \$1 regular popcorn!

Movies/times subject to change

Thursday, April 4
 6:30pm Happy Death Day 2U

Friday, April 5
 6pm Tyler Perry's A Madea Family Funeral
 9pm Fighting With My Family

Saturday, April 6
 1pm How To Train Your Dragon: The Hidden World
 3:45pm Fighting With My Family
 6:30pm Alita: Battle Angel

Sunday, April 7
 1pm *SENSORY FRIENDLY*
 How To Train Your Dragon: The Hidden World

4pm Isn't It Romantic
 6:30pm Tyler Perry's A Madea Family Funeral

Thursday, April 11
 6:30pm Tyler Perry's A Madea Family Funeral

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		8	7	
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		9		5 1
	8	3		6
	4	6		2

Around Town

First Friday Art Walk in downtown Oceanside, Fri, April 5, 5pm-9pm. www.oceansideartwalk.org
SD Humane Society Mobile Adoption Event at Oceanside Art Walk, Fri, April 5, 6pm-8pm. www.sdhumane.org
Kid's Night Out at Poway Community Park, Fri, April 5, 4:30pm-9pm. www.poway.org
Ironkids Oceanside Fun Run in downtown Oceanside, Fri, April 5, 5pm. www.ironman.com
SD Gulls vs. Ontario Reign at Pechanga Arena San Diego, Fri, April 5, 7pm. www.sandiegogulls.com
Cirque du Soleil presents Volta at Del Mar Fairgrounds. Fri, April 5-Sun, April 28. www.cirquedusoleil.com
Goodguys 19th Meguiar's Del Mar Nationals at Del Mar Fairgrounds. Fri-Sun, April 5-7. www.good-guys.com/dmn-2019
Astronomy Star Party at MiraCosta College, Fri-Sat, April 5-6, 8pm-10pm. www.miracosta.edu/events
Cruisin' Grand in downtown Escondido, 5-9pm, every Friday. www.cruisingrand.com
North Park Festival of Beers in front of Lafayette Hotel, Sat, April 6, 12pm-4pm.
Wake Up With Wildlife: Animals and Us with Zovargo, SD Humane Society SD Campus, Sat, April 6, 9:30-11am. Learn about animals! Get up-close with several live animal ambassadors and explore how our daily lives impact these animals. sdhumane.org 619-299-7012
House of Scotland Tartan Day at Balboa Park, Sat, April 6, 9am-5pm. www.facebook.com/hostartanday
Bees in the Garden. Sat, April 6, 11am-2pm. SD Botanic Garden. 230 Quail Gardens Dr. Members: \$30, Non-Members \$36. Fee includes materials. Bee-friendly plant choices, beehive placement and garden design support successful backyard beekeeping? Learn how

bees support our food system, and struggle to survive in our current environment. Gardeners can help them by making good plant choices. ages 18+. sdbgarden.org/classes.htm
Ironman 70.3 Triathlon in Oceanside. Sat, April 6. ironman.com
South Bay Earth Day, Sat, April 6, 11am-4pm. Free. Join South County's largest Earth Day celebration. Zero-waste event packed with hands-on green activities, lifestyle exhibits, Fix-it-Clinic, Green workshops cover wide range of topics, more than 40 green vendors, interactive entertainment, yoga classes, organic food, tie dye workshops, more. Memorial Park Bowl, 373 Park Way, Chula Vista.
Trout Fishing Seminar Lake Poway, Sat, April 6, 8-9am. poway.org
Torrey Pines Lecture & Hike, Sat, April 6, 9:30-11:30am. Free w/ paid reserve entrance. Nature Discovery Series. Meet at new Pavillion, next to Lodge Museum. Topic: "The Kumeyaay People: History and Cultural Traditions." Short hike follows. Wildflowers also abundant. Torrey Pines State Beach & Reserve, 12600 N. Torrey Pines Rd, La Jolla.
Art Night Encinitas at various locations in Encinitas, Sat, April 6, 6pm-9pm. www.encinitasca.gov/arts
Vernal Pool Hike on Lopez Ridge, Sat, April 6, 9-11am. Free. Vernal pools are our most endangered habitat. Learn about them and the extremophile plants and animals that live in them. See beautiful flowers such as the endangered Dwingia and Mesa Mint. Should be frogs and toads. 11125 Taloncrest Way, Sorrento Valley
Wildlife Tracking Walk, Sat, April 6 & May 4, June 1, 8:30-10:30am. Free. Join MTRP Tracking Team for adventure in wildlife tracking. Easy walks suitable for family. Meet front of Visitor Center. Mission Trails Regional Park. One Father Junipero Serra Trail, San Carlos.
NCAA Final Four Men's Basketball National Championship at U.S. Bank Stadium in Minneapolis, Minn. Sat, April 6-Mon, April 8. www.ncaa.com

Julian Gold Rush Days, Sat-Sun, April 6-7, 10am-5pm. \$3. Celebrating 150th year since Julian's discovery of gold. Living history re-enactors, Kansas Mercantile, arts & crafts market, food/drink vendors, plenty of good ol' family fun! See Civil War battle & demos. Fiddles & Folk playing live music, Civil War, and folk tunes, square-dancing lessons, Medicine Show, old-time entertainment throughout the day. Julian Farm & Orchard, 4381 CA-78, Julian.
Yaycation at San Diego Zoo. Sat, April 6-Sun, April 21. www.sandiegozoo.org/yaycation
Triton 5K & Festival at UCSD. Sun, April 7. www.5k.ucsd.edu
San Marcos Spring Festival & Street Fair on Via Vera Cruz between Grand Avenue & San Marcos Boulevard, Sun, April 7, 9am-5pm. www.sanmarcoschamber.com
Grunion Run at La Jolla beaches,
LA Lakers vs. Utah Jazz at Staples Center, Sun, April 7, 6:30pm. www.nba.com/lakers
Sunday Family Fun Day, Sun, April 7 & May 5, 11:30am-1:30pm. Free. San Elijo Lagoon Nature Center offers, nature-themed crafts and activities. Activities on everything from pollinators to flowers, and family will enjoy exploring Nature Center exhibits and loop trails. All ages are welcome. Call park for info: (760) 634-3026. San Elijo Lagoon Ecological Reserve, 2710 Manchester Ave, Cardiff by the Sea.
Oceanside Yacht Club Opening Day at Oceanside Harbor, Sun, April 7, 11am. www.oceansideyc.net
SD Sockers vs. Rio Grande Valley Barracuda at Pechanga Arena San Diego, Sun, April 7, 5:05pm. www.sdsockers.com
Paws and Paperbacks, SD Humane Society SD Campus, Thur, April 11, 4:30-5:30pm. Children 6-11 can practice reading skills in fun, non-judgmental atmosphere while giving ambassador animals the chance to get exercise and socialization. sdhumane.org 619-299-7012

Fun with MWR

The Navy's 33rd Bay Bridge Run/Walk Sun, May 19, 8am. Participate in the Navy's 33rd Bay Bridge Run/Walk. Your only chance to walk across the Coronado Bridge! Register at www.navybaybridgerun.com.
Belmont Park Experience Fri, April 5, 10:15am, \$28. Meet at Belmont Park 3146 Mission Blvd, SD. Enjoy an exclusive behind the scenes visit to Belmont Park! Learn how the rides are designed, maintained, and operated before riding them yourself. Offer includes unlimited ride pass, pizza meal, dessert. Meet at Belmont Park 3146 Mission Blvd, San Diego. Register: www.navylifsw.com/sdcr, Info: 619-556-9597
Seussville by the Sea Sat, April 6, 12-4pm, FREE. Family fun and then some - for all ages! Enjoy an afternoon of crafts, games, face painting, bounce houses and a petting zoo! NBPL, Main Base, Smuggler's Cove Park. Info: 619-553-9138
Cuyamaca Camping Trip Sat, April 6, 3pm-Sun, April 7, 10am, \$30 adults/\$25 kids (3-12 yrs.) Meet at the campground for fun night of camping. We provide your tent, sleeping bag, dinner, dessert and breakfast! Meet at Paso Picacho Campground, 13652 CA-79, Julian. Register: www.navylifsw.com/sdcr, Info: 619-556-9597
Joshua Tree Climbing and Camping Fri-Sun, April 12-14, 4pm, \$135 MWR patron/\$125 Liberty (18 yrs.+). Weekend camping & climbing in Joshua Tree Nat'l Park. Includes transpo, 4 meals, camping gear, climbing guides. Departs from NBPL, Main Base, Community Rec Center, Bldg. 546. Register: navylifsw.com/sdcr, 619-553-9138
Spring Fling, Sat, April 13, 9 am-1 pm, FREE. Join in the fun! Family event includes an egg hunt with 30,000 eggs, Amusement Fun Zone and inflatables, face painters, balloon artists, arts & crafts, resource fair, All-Hands Car Show, petting zoo and Armed Forces Kids Run. Pre-

sented by San Diego Zoo & San Diego Zoo Safari Park. NBSD Admiral Prout Fields. Info: 619-284-4054/619-556-7444.
Warner Brothers Tour Friday, April 19, 7:30 am, \$33 E1-E5 Active Duty/\$59 MWR patrons (8 yrs.+). Join us for a 3-hour Studio Tour! Our 2-hour guided tour starts with access to the Archives Museum, props and costumes used in the DC Films, access to sound stages, an inactive TV set, and the "Bat Cave" from Batman movies and prop house! Last hour finishes with self-guided tour of the Script to Screen portion including the "Friends" set and photo op. Cost includes studio tour admission, bus transportation, and snacks on the bus. Pick up Locations: 7:30 am NASNI Visitors Lot; 8am Admiral Baker Picnic Parking Lot. Register: www.navylifsw.com/sdcr, Info: 619-437-3190
Easter Egg Swim Friday, April 19, 4-6 pm, FREE. NBPL, Main Base Pool, Bldg. 1. Come celebrate by diving in and hunting for Easter eggs in the pool. Everyone swims away a winner! All MWR patrons welcome. Register: www.navylifsw.com, Info: 619-553-0934
Outdoor Movie Night Friday, April 19, 7 pm (Dusk) FREE. Watch a movie under the stars on large inflatable screen. Movie: Ralph Breaks the Internet (PG). Admiral Baker Picnic Grounds, Mission Gorge, 2400 Adm Baker Rd Register: www.navylifsw.com/sdcr, 619-556-9597
"Time for You" Spouse Appreciation Day Sat, April 20, 12-2 pm or 2:30-4:30 pm, \$12. NAB Community Rec Center, Bldg. 337. Pamper yourself as you learn to make your own easy facial mask and shower melts, enjoy a 10-minute professional massage & facial analysis, participate in yoga meditation and stretching. Healthy light snack items included. Register: www.navylifsw.com/sdcr, Info: 619-437-3190
Book Now for Easter & Mother's Day Brunches Leave the cooking

to us! Easter Brunch ~ Sunday, April 21. Mother's Day Brunch ~ Sunday, May 12. \$35 pp (per event). Call for your reservation today! We offer 3 beautiful and convenient locations: • Admiral Baker Rivers Edge, Mission Gorge, 619-487-0016. • Island Club, Naval Air Station North Island, 619-545-9199. • Admiral Kidd Catering & Conference Center, Naval Base Point Loma, Harbor Drive Annex, 619-524-6287
Operation Megaphone Overnight is Back! Friday-Saturday, April 26-27. Connect with military teens from around the world to talk about issues affecting YOU! Event open teens, 12-18 years. Contact your local Youth Center to register today or call 619-435-5056 for details.

LIBERTY

Trips open to junior Sailors, E1-E6, and active duty geo-bachelors, plus a guest 18+.
Day Trip to Irvine Spectrum Sun, April 7, 10 am, \$10. Spend a day exploring the Irvine Spectrum Center. Cost includes transportation and tethered helium balloon ride only. Coronado Liberty: 619-545-3331 or 619-437-3109
Grand Prix Sat, April 13, 8 am, \$60 Active/\$70 Guest. Watch the race live at Long Beach! Cost includes admission and transportation. Coronado Liberty: 619-545-3331 or 619-437-3109
Native American Pow Wow Wed, April 17, 5 pm, FREE. Watch a live performance and enjoy free food! Balboa Liberty Center, NMCSO: 619-532-8909
Dave & Buster's Trip Friday, April 19, 5:30 pm, \$5. Exclusive games and extreme fun! Enjoy an evening in Mission Valley! The RECYARD, NBSD: 619-556-5085

Concerts

Please confirm concerts before attending. NOTE: Some venues are age 21+ only.

April

Kansas. Thurs, April 4, 8pm. Rock. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.
MercyMe and Crowder. Sat, April 6, 2019, 7:30pm. Rock. Viejas Arena at SDSU, 5500 Canyon Crest Dr., SD, CA. (619) 594-6947.
5th Annual San Diego Soul Music Festival at Pechanga Arena San Diego, Sat, April 6, 7:30pm. www.pechangaarenasd.com
Steven Curtis Chapman. Thur, April 11, 7:30pm. Gospel. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.
Kenny Wayne Shepherd and the Beth Hart Band. Fri, April 12, 7:30pm. Blues/rock. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.
One Night in Memphis. Sat, April 13, 8pm. Covers. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.
Los Angeles Azules. Sun, April 14, 7:30pm. Latin. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.
Joe Rogan. Sat, April 20, 7:30pm. Comedy. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.
Raffi. Sat, April 27, 1pm. Kids music/pop. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.
The Kingston Trio. Sun, April 28, 3pm. Folk. Balboa Theatre, 868 Fourth Ave. (619) 570-1100.

May

Capitol Steps. Fri, May 3, 8pm. Comedy. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.
Colin Hay. Fri, May 3, 7:30pm. Pop/rock. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.
Violent Femmes and X. Sun, May 5, 7:30pm. Punk/rock. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.

Lila Downs. Sat, May 11, 7pm. Latin/pop. California Center for the Arts, Escondido, 340 N. Escondido Blvd., Escondido. (760) 839-4438.
Trevor Noah. Sat, May 11, 8pm. Comedy. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.
Tedeschi Trucks Band. Sun, May 12, 7:30pm. Country/rock. San Diego Civic Theatre, 1100 Third Ave, San Diego. (619) 570-1100.
Sebastian Maniscalco. Thur, May 16, 8pm. Fri, May 17, 7pm. Comedy. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.
Eric Church. Fri-Sat, May 17-18, 8pm. Staples Center, 1111 S. Figueroa St., Los Angeles, 90015. staplescenter.com
Keb'Mo.' Sat, May 18, 8pm. Acoustic/blues. Poway Center for the Performing Arts, 15498 Espola Rd., Poway. (858) 748-0505.
Gary Clark Jr. Wed, May 22, 7:30pm. Blues/rock. Harrah's Resort SoCal, 777 Harrah's Rincón Way, Valley Center. (760) 751-3100.
New Kids On The Block. Thurs, May 23, 7:30pm. Pop. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.
Wisn & Yandel. Fri, May 24, 7pm. Latin. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.
Kidz Bop. Fri, May 31, 7pm. Pop. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.
Justin Moore. Fri, May 31, 7pm. Country. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.

June

Brad Paisley. Sat, June 1, 7:30pm. Country. North Island Credit Union Amphitheatre, 2050 Entertainment Cir., Chula Vista. (619) 671-3600.
Jim Gaffigan. Sat, June 1, 7:30pm. Comedy. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.
Father John Misty and Jason Isbell & the 400 Unit. Thur, June 6, 8pm. Rock. Open Air Theatre at SDSU, 5500 Campanile Dr., San Diego. (619) 594-6947.

The Fab Four. Thur, June 6, 7pm. Covers. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.
Hillsong United. Fri, June 7, 7:30pm. Acoustic/gospel. Viejas Arena at SDSU, 5500 Canyon Crest Dr., San Diego, CA. (619) 594-6947.
Jeff Dunham. Fri, June 7, 7:30pm. Comedy. Del Mar Fairgrounds, 2260 Jimmy Durante Blvd, Del Mar. (858) 755-1161.
Bad Company. Sat, June 8, 7:30pm. Rock. Starlight Theater, Pala Casino, 11154 CA-76, Pala, CA 92059. (877) 946-7252.
Jennifer Lopez. Mon, June 10, 7:30pm. Pop. Pechanga Arena (SD Sports Arena), 3500 Sports Arena Blvd, San Diego. (619) 224-4171.
Johnnyswim. Wed, June 12, 7:30pm. Pop/rock. Humphrey's by the Bay, 2241 Shelter Island Dr., (619) 224-3577.

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