

ARMED FORCES DISPATCH



San Diego Navy/Marine Corps Dispatch www.armedforcesdispatch.com 619.280.2985

Serving active duty and retired military personnel, veterans and civil service employees

SIXTY-THIRD YEAR NO. 14
THURSDAY, AUGUST 24, 2023



Plane Movers: PHILIPPINE SEA (Aug. 11, 2023) Sailors move an F/A-18E Super Hornet, attached to the Dambusters of Strike Fighter Squadron (VFA) 195, on the flight deck aboard aircraft carrier *Ronald Reagan*. The Dambusters earned their nickname on May 1, 1951, when the squadron's Skyraiders destroyed the heavily defended and strategically positioned Hwacheon Dam in North Korea with aerial torpedoes by making precise low level runs. *Ronald Reagan*, the flagship of Carrier Strike Group 5, provides a combat-ready force that protects and defends the United States, and supports alliances, partnerships and collective maritime interests in the Indo-Pacific region. U.S. Navy photo by MC2 Caroline H. Lui

Military community invited to adopt a pet for free

San Diego Humane Society waives adoption fees for Clear the Shelters Day Aug. 26

SAN DIEGO - With more than 900 animals ready for new homes, San Diego Humane Society is waiving all adoption fees this Saturday, Aug. 26, for a special "Clear the Shelters" day. The organization has at least 359 dogs, 17 puppies, 174 cats, 248 kittens, and many, many more species waiting for a second chance at love with a new family. The one-day adoption special is part of NBC Universal and Telemundo's Clear the Shelters Month.



The local community, including San Diego's military population, who have space in their heart and home for a new family member can visit any of San Diego Humane Society's campuses in El Cajon, Escondido, Oceanside and San Diego from 10 a.m. to 5 p.m. on Saturday to adopt a pet at no cost. If you have a specific animal in mind, it's recommended to check the organization's website first at sdhumane.org/adopt to help determine which campus is best to visit.

This has been an especially tough year for San Diego Humane Society. On July 7, the organization set a record with 2,584 animals in care. As of today, there are 2,325 animals in care. What's unusual about 2023 is the shelter was already over capacity at the beginning of the year. "Typically, summer is our busy time, but we were already breaking records in March with dogs in care," said Dr. Gary Weitzman, president and CEO of San Diego Humane Society. "But even though the numbers are staggering, each animal here is an individual who deserves love and a home to call their own."

San Diego Humane Society offers an adoption guarantee, training advice, pet supplies and educational information to support pet families for the life of their animal.

SAN DIEGO MAYOR FULLY INVESTED IN NEW NAVWAR FACILITIES

The Navy revitalization of Naval Base Point Loma, Old Town Campus, is now progressing to the next stage of the project timeline, with the full support of Todd Gloria, mayor of San Diego.

Both Gloria and Meredith Berger, assistant secretary of the Navy for energy, installations & environment/chief sustainability officer, addressed the OTC revitalization, which would impact

the Naval Information Warfare Systems Command (NAVWAR) headquarters, at a recent San Diego Military Advisory Council breakfast, Aug 16.

to get NAVWAR new facilities and give San Diego a much-needed opportunity to create new sustainable and innovative development," said Berger. "We're going through a secure and strict confidential process to review these proposals, and I'm confident we will see incredibly innovative ideas that are sustainable, resilient and impactful to support our community."

"The city is absolutely committed to making sure we can find a successful way to re-envision NAVWAR's facility needs here in San Diego," said Gloria. "We will do whatever it takes to make sure this process goes as smoothly as possible."

The SDMAC breakfast takes place on the third Wednesday of every month and features prominent speakers, civilian and military, from the Department of Defense, the Navy, Marine Corps and Coast Guard.

"This is a significant parcel of land totaling 70 acres that the Navy has offered up in kind

The Navy OTC Revitalization Project centers around the redevelopment of NAVWAR headquarters, which is currently housed in 1941 World War II aircraft factories, on 70.5 acres of Navy-owned land along Pacific Highway. The 80-year-old buildings are not compatible with NAVWAR's technical, high-security mission today.

see SDMAC, page 6



Meredith Berger, assistant secretary of the Navy for energy, installations and environment, and Todd Gloria, mayor of San Diego, take a break during a San Diego Military Advisory Council meeting. U.S. Marine photo by Sgt. Yvonna Guyette

Aztecs vs. Idaho State
Saturday, Sept. 2 • 7:30 p.m.
San Diego Sports 760 AM

Marine Corps Reserve Birthday
August 29 is the Marine Corps Reserve Birthday. The mission of the Marine Corps Reserve is to augment and reinforce active Marine forces in time of war, national emergency or contingency operations, to provide personnel and operational tempo relief for the active forces in peacetime, and to serve the community. It was established when Congress passed the Naval Appropriations Act on August 29, 1916.

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
EDDM RETAIL

Local Customer
Postal Customer

Career & Education

Big changes coming to improve DoD PCS process: Pet reimbursements will rise, one company handling all moves. **See page 5**

Base Movie Schedule

Oppenheimer, Sound of Freedom, Gran Turismo, Barbie, Haunted Mansion, Advance Screening of Expend4bles **See page 10**

Camp Pendleton dual-military couple's story on their commitment to each other and the Corps

by Lance Cpl. Mary Jenni

CAMP PENDLETON - Marine Corps Sgt. Shaina Jupiter, a combat photographer attached to the 11th Marine Expeditionary Unit, I Marine Expeditionary Force, stands at attention at the 9th Communication Battalion Dojo. This is a place close to her heart, where she fought and bled to earn her Martial Arts Instructor tab. Her Marines stand in formation with her as she hears her mentor and senior drill instructor from recruit training, GySgt. Admonika Qiokata, command aloud "Marine to be promoted, center, march!"

Her husband, Sgt. Deon Coulter, an administrative specialist with 1st Battalion, 5th Marine Regiment, 1st Marine Division, joins her side to place sergeant chevrons on her collar during her meritorious promotion ceremony. Jupiter was selected and meritoriously promoted for winning the meritorious sergeant board for Marine Corps Installations Command. Meritorious promotions are intended to promote Marines whose performance is superior to that of their peers. She has risen to her current rank of sergeant, only three years after she joined the Marine Corps.

With mixed nervous excitement, Jupiter feels ready to take the reins, keep learning, and keep growing, more than a little inspired by her husband.

"He was a lance corporal, corporal, and sergeant all in the same year," said Jupiter. "He's not easy to keep up with." Their

relationship has been somewhat of a friendly yet fierce competition from the beginning.

Jupiter and Coulter met in elementary school in Atlanta, Georgia, and started dating in high school. Upon graduating they enlisted in the Marine Corps together out of Recruiting Station Atlanta, Recruiting Sub-station McDonough. They knew they wanted something bigger for themselves and for each other, so they looked to the biggest challenge they could find, becoming United States Marines. Since day one they both claim the other as their biggest supporter.

It's an ongoing competition, said Coulter, we like to push each other out of our comfort zone, and we know at the end of the day it's just a way of bettering ourselves, our careers, and the Corps.

Jupiter and Coulter have also see **Marine**, page 8



Sgt. Shaina Jupiter and Sgt. Deon Coulter. U.S. Marine Corps photo by Lance Cpl. Mary Jenni



MORE than you might think



Auto



Home



Life



Banking



Credit Cards

You might know USAA for our awesome insurance for your car, home and other belongings. But we also have banking and other perks, all for the military community and their eligible family members.

Find out more today at usaa.com



Investments/Insurance: Not a Deposit • Not FDIC Insured • Not Bank Issued, Guaranteed or Underwritten • May Lose Value

Use of the term "member" or "membership" refers to membership in USAA Membership Services and does not convey any legal or ownership rights in USAA. Restrictions apply and are subject to change. To join USAA, separated military personnel must have received a discharge type of Honorable or General Under Honorable Conditions. Eligible former dependents of USAA members may join USAA. Property and casualty insurance provided by United Services Automobile Association (USAA), USAA Casualty Insurance Company, USAA General Indemnity Company, Garrison Property and Casualty Insurance Company, based in San Antonio, Texas; USAA Limited (UK) and USAA S.A. (Europe) and is available only to persons eligible for property and casualty group membership. Each company has sole financial responsibility for its own products. Coverages subject to the terms and conditions of the policy. Life insurance and annuities provided by USAA Life Insurance Company, San Antonio, TX and in New York by USAA Life Insurance Company of New York, Highland Falls, NY. All insurance products are subject to state availability, issue limitations and contractual terms and conditions. Each company has sole financial responsibility for its own products. Credit cards are issued by USAA Savings Bank and serviced by USAA Federal Savings Bank. Other bank products are provided by USAA Federal Savings Bank. Both banks are Member FDIC. All credit cards subject to approval. No Department of Defense or government agency endorsement. © 2023 USAA. 292572-0423

Japan, South Korea, U.S. strengthen trilateral cooperation

"Today's summit reaffirmed that cooperation among our three countries delivers security and prosperity for our people, the Indo-Pacific region and the world." - Secretary of Defense Lloyd J. Austin III

by Jim Garamone
DOD News

The trilateral ties among Japan, the Republic of Korea and the United States will make the world safer and the three countries stronger, President Joe Biden said at the conclusion of talks at Camp David, Md., Aug. 18.

The United States has decades of solid relations with both South Korea and Japan bilaterally - both nations are treaty allies of the United States. But forging a trilateral relationship has long proved difficult, as there have been roadblocks to relations between South Korea and Japan.

Biden praised the political courage of South Korean President Yoon Suk Yeol and Japanese Prime Minister Kishida Fumio for their efforts to work together. He said the Republic of Korea and Japan are capable and indispensable allies, and that America's commitment to both countries is ironclad.

"Strengthening the ties be-

tween our democracies has long been a priority for me, dating back to when I was vice president of the United States," Biden said at the start of the meeting. "That's because our countries

multidomain military exercises to bring trilateral defense cooperation to unprecedented levels, the president said.

The nations will also speed



South Korea and the U.S. conduct a combined aerial exercise in conjunction with the deployment of U.S. B-1B strategic bombers over the South Korea, March 19, 2023. Photo by Air Force 1st Lt. Cameron Silver

are stronger and the world is safer ... as we stand together. And I know this is a belief we all three share."

All three leaders believe this to be an inflection point in history, Biden said. "We're called to lead in new ways to work together to stand together," he said. "And today, I'm proud to say our nations are answering that call."

The three nations agreed to elevate defense collaboration. This includes launching annual

up information sharing on North Korea's missile launches and cyber activities which will strengthen ballistic missile defense cooperation.

"Critically, we've all committed to swiftly consult with each other in response to threats to any one of our countries from whatever source that occurs," Biden said. "That means we'll have a hotline to share information and coordinate our responses whenever there is a crisis in the region or affecting any one of our countries."

The three nations reaffirmed their commitments to maintain peace and stability in the Taiwan Strait and address economic coercion. Biden said. "We're going to continue to counter threats from [North Korea] including cryptocurrency money laundering to the tune of billions of dollars, and potential arms transfer in support of Russia's brutal war against Ukraine," he said. "Together, we're going to stand up for international law, freedom of navigation and a peaceful resolution of disputes in the South China Sea."

President Yoon noted that Camp David has been the site of many historic meetings over the years. "From this moment on, Camp David, will be remembered as a historic place where the Republic of Korea, the United States and Japan, proclaimed that we will bolster the rules-based international order and play key roles to enhance regional security and prosperity based on our shared values of freedom, human rights and rule of law," he said through a translator. "The stronger coordination between Korea, the U.S. and Japan requires more robust institutional foundations. Moreover, challenges that threaten regional security must be addressed by us

building a stronger commitment to working together."

Kishida said the international community is at a turning point in history. "In order to allow the potential of our trilateral strategic collaboration to bloom and to blossom, I wish to take this moment to raise the security coordination between Japan, ROK and the U.S. to new heights," he said.

Navy christens destroyer Ted Stevens

PASCAGOULA, Miss. - The Navy christened pre-commissioning unit Ted Stevens (DDG 128) Aug. 19 at Ingalls Shipbuilding.

The ship's name honors former U.S. Sen. Ted Stevens, who served as a pilot in World War II and later as a senator representing Alaska. At the time he left office in 2009, he was the longest serving Republican senator in U.S. history.

"From Alaska to Mississippi we're connected as a community of shipbuilders, Sailors and servants by both the passion of our shipbuilders, who have brought us to this point in construction, and also by the late Sen. Ted Stevens and his passion for service," said Ingalls Shipbuilding President Kari Wilkinson. "We are grateful to everyone that is part of our community and this

In a written statement, Secretary of Defense Lloyd J. Austin III called the meeting historic. "Today's summit reaffirmed that cooperation among our three countries delivers security and prosperity for our people, the Indo-Pacific region and the world," he said. "We are working more closely than ever with the ROK and Japan in support of a common vision for a free and open Indo-Pacific region."

mission and especially to the Navy for entrusting us with doing the work that we do here."

Sean O'Keefe, 69th secretary of the Navy and former staff member of Stevens was the keynote speaker.



Ships Underway
Total Battle Force
297 (USS 238, USNS 59)
Deployed
100 (USS 67, USNS 33)
Underway
77 (48 Deployed, 29 Local)
Ships Deployed by Fleet
2nd Fleet - 1
3rd Fleet - 3
4th Fleet - 3
5th Fleet - 14
6th Fleet - 19
7th Fleet - 60
Total - 100

Where are our ships at sea

These are approximate positions of the Navy's deployed carrier strike groups & amphibious ready groups throughout the world as of Aug. 21, 2023, based on Navy and public data. You can access this and other information through the U.S. Naval Institute's portal at <https://news.usni.org/topstories>.

guaranteed Rate GR-VA

VA HOME BUYER'S SEMINAR
THURSDAY, SEPT 7 - 5-7pm
Veterans Association of North County, OCEANSIDE
1617 Mission Ave.
RSVP 619.599.5643

Find out if you qualify for a VA loan

VA loans from Guaranteed Rate offer outstanding benefits to U.S. military members. Are you eligible? Here are the requirements for VA loan eligibility:

- | | | |
|---|--|--|
| <p>Who qualifies?</p> <ul style="list-style-type: none"> • Veterans with two years of continuous active duty who were discharged at least under honorable conditions • Veterans with six years of service in the Selected Reserves or National Guard and an honorable discharge • Veterans with 90 days active duty wartime service and honorable discharge • Current members of the US Armed Forces | <p>How can I prove eligibility?</p> <ul style="list-style-type: none"> • VA Form 26-8320, Certificate of Eligibility for Loan Guaranty Benefits <p>OR</p> <ul style="list-style-type: none"> • VA Form 26-8320a, Certificate of Eligibility for Loan Guaranty Benefits (Reserves/National Guard) • A Certificate of Eligibility is the only reliable Proof of Eligibility for the lender | <p>What documents are required?</p> <ul style="list-style-type: none"> • Completed Loan application • 2 years W2s • 30 days recent paystubs or end of month LES • 60 Days Bank Statements <p>Additional Qualifications
FICO scores as low as 550</p> |
|---|--|--|

Veterans, we will save you \$1440 on your VA Loan.

Contact me today to explore your options!

Mohamed Tawy
Producing Branch Manager/SVP of Mortgage Lending
CHAIRMAN'S CIRCLE
C: (619) 599-5643
rate.com/mohamedtawy mohamed.tawy@rate.com
12680 High Bluff Dr. Ste 250, San Diego, CA 92130

guaranteedRate



Your trusted VA loan expert.

Receipt of application does not represent an approval for financing or interest rate guarantee. Restrictions may apply, contact Guaranteed Rate or Mohamed Tawy for current rates and more information. CA: Licensed by the Department of Financial Protection and Innovation under the California Residential Mortgage Lending Act. Mohamed Tawy NMLS ID: 450660, AZ - 1018822, CA - CA DFP450660, CO - 100522433, CT - LO-450660, DC - MLD450660, FL - LO81708, GA - 450660, HI - H450660, ID - MLD-2080450660, IL - 031.0065248, KS - LO0049014, KY - MC738712, LA - Licensed, MA - MLD450660, MD - Licensed, MN - MN-MLD-450660, MO - MO-450660, MT - 450660, NC - 1194568, NH - Licensed, NJ - Licensed, NV - 69945, NY - Licensed, OR - Licensed, TN - 227350, TX - Licensed, VA - MLD-62142VA, WA - MLD-450660 Guaranteed Rate Inc., NMLS #2611; For licensing information visit nmlsconsumeraccess.org

SoCalTruck.com
ACCESSORIES & EQUIPMENT
10460 Mission Gorge Rd.
Santee, CA 92071
619-749-0742
Work Smarter, Play Harder!

- Truck Bed Covers • Camper Shells
- Side Steps • Truck Racks
- Tool Boxes • Fuel Tanks
- Carpet Kits • Tow Hitches

MILITARY DISCOUNT
Get \$25 off \$300 or more with this ad

BULLET LINER
Spray on Bedliners

Families of Korean War missing are still hopeful

by David Vergun, DOD News

Over 500 family members of U.S. service members missing in action during the Korean War and the Cold War gathered in Arlington, Va., recently to get updates on the status of their loved ones, hoping that the remains have or will be located and identified and so bring answers after more than seven decades of waiting.

Every year for the last 30 years, leaders and forensic experts from the Defense POW/MIA Accounting Agency have been briefing families of the missing on the status of searches and identification of service members' remains.

Each family is provided an individual case summary on the status of their missing loved one, said Kelly K. McKeague, agency director.

During these visits, family members who haven't yet done so are asked to provide DNA samples to further help in identification. Personnel are on hand to take DNA samples from cheek swabs, he said, noting that DNA samples from distant relatives are also useful in the identification process.

For some attendees, the agency will have much progress to share. For others, not so much, he said.

Lack of progress is mostly because the agency hasn't been allowed to search for remains in North Korea since 2005, although North Korea did turn over remains that they excavated five years ago, he said.

Veronica Keyes, a forensic anthropologist with the agency and Korean War identification project leader, was one of four scientists who traveled to North Korea to repatriate the remains contained in 55 boxes that North Korea turned over in 2018.

It was the last time North Korea turned over remains to the agency, she said.

During her visit to North Korea, the North Korean soldiers and forensic anthropologists were very friendly and eager to chat with the American visitors. It's sad that the government of North Korea has cut off communications with the agency, she said, adding that she hopes there's a change of heart since it's a humanitarian endeavor.

Read family members' reactions at <https://www.defense.gov/News/News-Stories/Article/Article/3499585/families-of-korean-war-missing-are-still-hopeful/>.

New Antiterrorism Strategic Plan coming this fiscal year

by Christopher Hurd, Army News Service

WASHINGTON - The Department of the Army is working on a new Antiterrorism Strategic Plan that is scheduled to roll out this fiscal year.

The plan, which is being coordinated with the Department of Defense, will update policy, training, exercises and how the Army analyzes and shares information about terrorism.

"The threats we faced 20 years ago aren't the threats we face today, nor are they the threats we will face in the future," said Maj. Gen. Duane R. Miller, Army provost marshal general. "Our adversaries are constantly evolving with the use of technology to identify vulnerabilities and any threats we may face in the future."

The program will help put Army civilians, contractors, Soldiers and their families on common ground with the service's antiterrorism goals and objectives moving forward, he added.

The Army's Antiterrorism Division worked with multiple federal organizations, including the Department of Homeland Security, as they developed the antiterrorism program. This allowed them to share information on best practices and emerging technologies that could pose a threat.

Training, education and awareness remain the key elements in the service's efforts to prevent terrorism at home and overseas, Miller said.

"The more aware our community members are, the more likely we are to obtain advanced warning to defend against terrorist attacks," he said. "Constant vigilance, timely threat reporting, knowledge of antiterrorism prevention measures and Army leadership advocacy are vital to sustained prevention."

August is dedicated as Antiterrorism Awareness Month to educate members of the Army on the threat and provide information on how to prevent acts of terrorism.

"Soldiers who are aware of the risks and who report concerning behavior can help prevent threats from impacting the local community," he said. "Don't be a bystander. Do your part as a member of the team."

Read the entire story at https://www.army.mil/article/269114/new_antiterrorism_strategic_plan_coming_this_fiscal_year.

Top 5

- DoD review calls for reforms after sexual assault spike at academies
- Airmen need more trust, autonomy to win next wars, Air Force boss says
- At Camp David, Biden aims to nudge Japan and South Korea toward greater unity in complicated Pacific
- New Army pilot program aims to help Reserve soldiers find child care providers
- VCNO Franchetti issues first guidance to fleet as acting CNO



Army

- New Army CIO wants to trade bureaucracy for speedier modernization
- Soldier accused of killing his wife in Alaska faces court hearing
- Army looking for early Soldier feedback on Bradley replacement XM30

Navy

- USS Porter Sailors save stranded divers off coast of North Carolina
- Blue Angels honor lowrider bike club founder with high flying ride along
- NAS Oceana celebrates 80 years of non-stop national defense

Marine Corps

- Defense: Marine believed missing teen found in his Camp Pendleton barracks was at least 21
- Pfizer's CEO has not been arrested by the Marine Corps
- Marines handing out emergency info cards in Japan

Air Force

- Air Force reservist arrested for alleged Jan. 6-related crimes
- AFCENT unveils a new patch to recognize partners as part of 'transformed' command
- More tankers, E-7s, and better comms: Lessons from Air Force's Red Flag

Space Force

- Space Force deactivates one space surveillance satellite, sets plans for two more

Coast Guard

- Coast Guard attorneys will decide on prosecuting sexual assaults beginning in December

Armed Forces Dispatch (619) 280-2985

Published by Western States Weeklies, Inc.
2604 B-280 El Camino Real, Carlsbad, CA 92008
E-mail: editor@navydispatch.com
Publisher:.....Sarah Hagerty

The Dispatch is published weekly on Thursdays, by Western States Weeklies, Inc., as a commercial, free-enterprise newspaper. The editorial objective of the Dispatch is to promote support for a strong military presence. Contents of the Armed Forces Dispatch are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, the U.S. Navy or U.S. Marine Corps. The Department of Defense, the Department of the Navy, or any other DOD component, does not approve or endorse this company, its products or services. The opinions and views of writers whose materials appear herein are those of the writers and not the publishers. Appearance of advertising does not constitute endorsement by the Department of Defense or any other DOD component, this newspaper, or Western States Weeklies, Inc. Consumers should make informed decisions when purchasing products and services, and when considering business opportunities, and research before investing. Subscription by mail is \$90 per year to CONUS or FPO address.



El Indio
Mexican Restaurant
and Catering

Family Owned & Operated Since 1940

"Best Mexican Food in San Diego"

3695 India Street • www.elindiosandiego.com • 619-299-0333

Open Daily 9am - 8pm

Free Parking! 10% Military Discount

VA Disability Claim Denied?

Know Your Rights and

Don't Take "No" for an Answer!

Don't Risk a Permanent Denial and Lose Back Pay

Call the Professional Advocates Today!

Claims Agents Have over 80% Success Rate on Appeals

No Fees Unless You Win - Free Consultation!

800-921-0310

www.VetDisabilityAid.com

Places of Worship

Bayview Church

Attract... Assimilate... Activate

6134 Pastor Timothy J. Winters St., San Diego 92114 • (619) 262-8384
Sunday 6:45am, 8:30am, 11am Worship Service
Studies in Christian Living (formerly known as Sunday School) Tuesday & Thursday 6pm, Wednesday 5:30pm & Saturday 9am
www.bayviewbc.org info@bayviewbc.org

Branches of the Cross Anglican Church

Retreat Center and Christian Healing center

Sunday Worship - 10:30am
Bible Study - Wednesday 10:30am
801 Valley Crest Dr., Vista, CA 92027 • 760-290-8222
Email: office.branchesvista@gmail.com
For more information visit us at www.branchesvista.org

Canyon View Church of Christ

"Love God, Love People, Serve the World"

Sunday Bible Classes for all ages 9am
Sunday Worship 10am
4292 Balboa Ave., San Diego, CA 92117 Email: cvooffice@canyonview.org
(Near corner of Balboa Ave. & Clairemont Dr.)
www.canyonview.org (858) 273-5140

New military families are moving to the area.

**Invite them to worship with you
in the Dispatch Church Directory.**

(619)280-2985

Christ Community Church

Helping people love God and each other!

Services Onsite or Online Sundays 8:45 & 10:30am
Children's Ministries for All Kids!
Small Groups for Teens & Adults of All Ages!
9535 Kearny Villa Rd., Mira Mesa 92126; Located just off Miramar Rd. & I-15
www.gotoChrist.com or (858) 549-2479

First Baptist Church of Coronado

"Reach Up, Reach Out, Reach Our World"

Jim W. Baize, Pastor www.fbcoronado.com
Sunday Adult Bible Study 8:45am, Sunday Worship Service 10am
Meeting in person and online on YouTube or Facebook
FB: First Baptist Church of Coronado email: secretary@fbcoronado.com
445 C Ave., Coronado, CA 92118 (619) 435-6588

New military families are moving to the area.

**Invite them to worship with you
in the Dispatch Church Directory.**

(619)280-2985

Grace Lutheran Church, LCMS

Proclaiming the good news of Jesus Christ since 1912

Sunday Service Summer Hours: 10am now through August
3967 Park Blvd., San Diego 92103
Free lot parking behind church
GraceSanDiego.com

Mesa View Baptist Church

Dr. Darrow Perkins, Jr., Th.D. Pastor/Servant CW03, USMC (Ret.)

Seeking Sinners; Saving Souls; Strengthening Saints
Sunday School at 8:45am • Morning Worship at 10am
Wednesday Night Bible Study 7pm
13230 Pomerado Rd., Poway • 858-485-6110 • www.mesaview.org

Resurrection Lutheran Church

A Small Place with a Big Heart!

Worship Service Sunday at 10:15 am. (please see website for details)
1111 Fifth Street - Coronado, CA 92118 - 619.435.1000
secretary@resurrectioncoronado.com - www.rl.church
<https://www.facebook.com/resurrectioncoronado/>
The Rev. Dr. Brian Oltman, Pastor

St. Luke's Lutheran Church

5150 Wilson Ave., La Mesa, CA 91942

Phone: (619) 463-6633
website: www.st-lukes-la-mesa.org
Worship: 9am
Pastor: Mark Menacher, PhD.
We thank you for your service!

New military families are moving to the area.

**Invite them to worship with you
in the Dispatch Church Directory.**

(619)280-2985

Place your ad in our 'Places of Worship' directory...as low as \$15 per week!

Big changes coming to improve DoD PCS process: Pet reimbursements will rise, one company handling all moves

by Jon Micheal Connor, ASC Public Affairs

ROCK ISLAND ARSENAL, Ill. - This permanent change of station season is shaping up to be a pivotal moment in the realm of relocations. Additionally, other changes are underway to enhance future moves and the overall experience for military personnel and their families.

One is a revision that gives more money to reimburse pet owners regarding incurred expenses. Another is the Defense Department contracting with one moving company to ensure better service, and now having a distinction for firearms with and without serial numbers that determine if it can be packed or not.

A memorandum dated June 20 and signed by Donna Had-dix, chief, Policy and Regulations Division, of the Per Diem, and Transportation Allowance Committee, Department of Defense, the Military Advisory Panel authorizes reimbursement of up to \$550 for a "PCS within the continental U.S. and up \$2,000 for a PCS to and from a location outside the continental United States to cover expenses directly related to pet transportation, such as pet shipping and quarantine fees."

This revision will be published in the Joint Travel Regulations effective Jan. 1, 2024.

According to the revision, a household pet is defined as a dog or cat, owned for personal companionship. Service members are responsible for following the rules for importing and exporting a pet to and from the U.S. to be eligible for reimbursement. Denial of entry could result in a denial of reimbursement.

Only one dog or cat is authorized for reimbursement per move.

Continue reading this story on the Army's Newsstand via https://www.army.mil/article/269205/big_changes_coming_to_improve_pcs_process_pet_reimbursements_will_rise_one_company_handling_all_moves.



Spark Tank 2024 calls for idea submissions

ARLINGTON, Va. - The 7th annual Spark Tank event was launched with a call for innovative Airmen and Guardian idea submissions ahead of the Sept. 4 deadline.

Spark Tank is the flagship competition in which innovators from across the Department of the Air Force pitch their ideas to a panel of top leadership and industry experts in pursuit of sponsorship to realize their idea. This year's Spark Tank competition encourages all Airmen and Guardians to participate in the program and share their best ideas for improving the department's capabilities.

"The Spark Tank competition has produced some game-changing innovations," said Brou Gautier, Spark Tank director. "Anyone could have the next great idea, so it's vital that every Airman and Guardian, in each occupational specialty, decide to compete by letting us know what their idea would make possible."

For Spark Tank 2024, the DAF's Performance Management and Innovation office in the Pentagon, known as SAF/MG, and AFWERX Spark join forces again to co-produce this widely known innovation campaign. New for this year, SAF/MG and AFWERX are introducing a new element: an assigned consultant who will help ideators strengthen their submissions through five refinement steps. By connecting them to commercial contacts, providing training, and virtual collaboration, SAF/MG and AFWERX hope to improve Airmen and Guardians chances of turning their ideas into operational reality and result in a more effective Force.

"Spark Tank provides a public-facing platform to showcase innovative ideas across the DAF," said Aaron Beebe, AFWERX Spark Tank project manager. "These are real problems experienced daily by those trying to do their jobs and accomplish the mission. We ask them to help us solve them through a more streamlined approach. That acknowledgment and empowerment can create a sense of pride and ownership that is difficult to replicate through the typical process."

The campaign page lists scoring criteria, timelines, and all the information needed to compete. To submit ideas for the competition, use the Guardians and Airmen Innovation Network platform. To access GAIN, establish a second Front Game Warden account. Login at https://login.dso.mil/auth/realms/baby-yoda/protocol/openid-connect/registrations?client_id=account&response_type=code.

FROM SERVICEMEMBER TO CYBERSECURITY EXPERT

LAGARIAN S., CLASS OF '14 & '19

National University's flexible online options and convenient course formats enable you to fit education around your military service.

- 190+ career-focused programs
- Dedicated military support team
- 4- and 8-week courses available

[NU.edu/military](https://nu.edu/military)


National
UNIVERSITY

SDMAC

continued from page 1

In the latest milestone of the project, the Navy has received proposals from shortlisted potential master developers and has started the process of evaluating them. The request for proposals source selection evaluation process will identify the team whose proposal conforms to the solicitation, best meets NAVWAR's mission requirements, and represents the best value to the U.S. government. The Navy plans to select one proposer by the end of calendar year 2023 to enter into a period of exclusive negotiations.

The Navy OTC facilities are well beyond their useful life and negatively affect NAVWAR's cyber warfare mission, security, and workforce safety. The Navy's proposed revitalization of OTC facilities would meet design standards for safety and security while enabling sustainment of NAVWAR's national defense mission.

"I'm pleased to see progress on this important project," said NAVWAR Commander Rear Adm. Doug Small. "As we march forward towards the goal of new mission-capable facilities for NAVWAR, we look forward to continuing our close partnership with the city of San Diego and local community."

On April 10, the Navy shortlisted four potential master developers that advanced to Step 2: Request for Proposals based on submitted qualifications. The four shortlisted potential master developers had approximately four months

to prepare their proposals to include technical and financial information to specify how they would achieve the Navy's requirements. Proposals include details such as site and design drawings for the new government facilities; demonstration of the concept for private development; and a proposed schedule for achieving key milestones of the government facilities.

"The Navy appreciates the effort each of the master developers has devoted to their proposals over the last four months," said Rear Adm. Brad Rosen, Navy Region Southwest commander. "We look forward to moving through the next steps. The Navy and San Diego have had a productive and mutually beneficial relationship for well over a hundred years, and I believe the potential here is another win for us both."

The Navy will work with the selected master developer on multiple options for the private development of OTC, while continuing to evaluate the feasibility of a NAVWAR-only development funded by traditional military construction methods.

"NAVWAR needs secure, safe, modern, state-of-the-art facilities to achieve its growing and expanding mission requirements to support the Navy," said Greg Geisen, NAVWAR's project manager for OTC Revitalization. "We also recognize that this project can simultaneously provide tremendous positive impacts to the community and local economy alike."

Navy fires skipper of Japan-based destroyer after less than a year in command

by Alex Wilson
Stars and Stripes

YOKOSUKA NAVAL BASE, Japan - The skipper of a guided-missile destroyer based at the home of the U.S. 7th Fleet has been relieved less than a year after taking command, according to the Navy.

The head of 7th Fleet, Vice Adm. Karl Thomas, removed Cmdr. Kenji Igawa from his position as commander of formerly, San Diego-based USS *Howard* due to "loss of confidence in his ability to command," Naval Surface Force Pacific said in a news release Aug. 20.

The decision was "related to performance of duties," surface force spokesman Cmdr. Arlo Abrahamson told *Stars and Stripes* by e-mail Monday, without elaborating.

"Navy commanding officers are held to high standards of personal and professional conduct," Naval Surface Force Pacific said in the news release. "They are expected to uphold the highest standards of responsibility, reliability and leadership,



Cmdr. Kenji Igawa, seen here Dec. 1, 2022, was relieved as skipper of destroyer USS *Howard* due to a "loss of confidence in his ability to command," Aug. 19. U.S. Navy photo by Samantha Oblander

and the Navy holds them accountable when they fall short of those standards."

Igawa, of Monterey Park, Calif., graduated from the Naval Academy in 2004 with a degree in electrical engineering and holds a master's in educational leadership from the University of Maryland. He served as *Howard's* executive officer before taking com-



Destroyer USS *Howard* passes Iwo Jima, also known as Iwo To, in the Philippine Sea, June 25, 2023. U.S. Navy photo by Santiago Navarro

mand of the ship Dec. 1.

Thomas reassigned Igawa to a staff position with 7th Fleet, according to the release. Abrahamson did not

specify what role Igawa will fill.

Capt. Edward Angelinas, the former commander of cruiser USS *Robert Smalls*, will take Igawa's place on *Howard* until a permanent replacement is assigned, according to the news release.

The Navy has not identified a permanent replacement for Angelinas, Abrahamson said.

Igawa is at least the fifth ship commander who's been fired this year over "loss of confidence," and at least the second commander of a ship based at Yokosuka.

In May, Thomas removed Cmdr. Angela Gonzales from command of destroyer USS *John Finn* — also homeported in Yokosuka — following an investigation, although specifics were not disclosed. Igawa's removal was not related to Gonzales' investigation, Abrahamson said.

Cmdr. Jeffrey Applebaugh, the skipper of destroyer USS *Stout* at Norfolk, Va., was relieved on June 2 by Capt. Blair Guy, commodore of Destroyer Squadron 28, for loss of confidence.

Cmdr. Alexa Jenkins of the destroyer USS *Carney* and Capt. Michael Nordeen of the amphibious transport dock USS *Mesa Verde* were relieved in January.



Kids Free Fishing Derby
Saturday, Sept. 9, 2023
7:30 a.m.
Lake O Neill, 26080 Santa Margarita Road, Oceanside

AZTEC FOOTBALL

DISCOUNTED MILITARY TICKET VOUCHERS
AS LOW AS \$20!

Purchase a voucher at any of the following military ticket offices: San Diego MC-MCRD Tickets and Tours, Miramar-Miramar IIT Travel, North Island-N. Island IIT Office, NBS Point Loma- NBPL Main Base, NB San Diego- NBSD MWR. Redeem vouchers at GoAztecs.com/Military for seating in select sections. Advance online redemption is strongly recommended.

For more information, visit your local military ticket office or call (619) 767-6000 to find a location near you.

2023 AZTEC FOOTBALL HOME SCHEDULE

AUG 26	SEPT 2	SEPT 9
SEPT 22	OCT 21	NOV 4
NOV 25		

IN COOPERATION WITH SDMAC FOUNDATION

FLEET WEEK SAN DIEGO

ACTIVE DUTY

GOLF Tournament

SEPTEMBER 12, 2023

The Fleet Week Active Duty Golf Tournament is exclusively for enlisted men and women as well as Junior Officers (O3 & below)

HELD AT
SINGING HILLS
GOLF RESORT AT SYCUAN

REGISTER TODAY! SPACE IS LIMITED!

SCAN THIS QR CODE TO REGISTER FOR THIS TOURNAMENT

Entry fee is \$10.00 per person.

FOR MORE INFO, CONTACT: JUDY CABANA AT
JUDY@FLEETWEEKSANDIEGO.ORG OR CALL (619) 858-1545

WWW.FLEETWEEKSANDIEGO.ORG

SPONSORED IN PART BY:
 Knauss School of Business University of San Diego

USS Midway Museum

The USS Midway Museum is currently recruiting for docents, air craft restoration, ship restoration and safety volunteers. These assignments are a regular commitment of at least 6 months.

Visit this page of our website to watch fun videos about our different teams and participants:
<https://www.midway.org/give-join/volunteers/volunteer-opportunities/>

Veterans Crisis Line

Military Crisis Line

Dial **988** then **PRESS 1**

Navy replaces WWII-era ship pier at NBSD

by Katie Cadio

SAN DIEGO - Naval Base San Diego held a ribbon cutting ceremony Aug. 17 to celebrate Naval Facilities Engineering Systems Command (NAVFAC) Southwest's completion of a new ship berthing pier.

Pier 6 general purpose berthing pier replaces an aging structure that had been in place since 1945.

At 120-ft wide and 1,500-ft in length, the new pier is twice as wide as the old pier and significantly longer.

The expanded footprint of 180,000 square feet will enable the simultaneous berthing of six ships. The previous pier only accommodated four ships. Increased and adequate ship berthing is required to support the growing number and variety of vessels home-ported at Naval Base San Diego.

"As the Navy is expanding its presence on the West Coast in support of the rebalance to the Pacific, it is vital that our warfighters have the tools and workspaces they need to support their operational readiness," said Capt. Laurie Scott, Commanding Officer for NAVFAC Southwest. "This new pier not only meets the needs of the Navy today, but will support readiness for many years to come."

NAVFAC Southwest awarded a contract, April 30, 2021 in San



Pier 6 on Naval Base San Diego, indicated in the circle. NOAA photo

Diego to Manson Construction of Seattle, Wash., to execute work on the Pier 6 project. Construction of the new pier cost \$101.4M and took just under two years.

The new pier structure consists of pre-stressed concrete piles supporting a concrete superstructure with high mast lighting and pier entrance lights. The pier also features load-out ramp cradles on each side of the new pier that will allow sailors to load and unload vessels more efficiently.

"Naval Base San Diego is a warfighting platform, and the Pacific Fleet's principal homeport consisting of over 60 Navy Ships," said Capt. Robert Heely, Naval Base San Diego Commanding Officer.

"A new Pier 6 is an example of the Navy's commitment to critical infrastructure supporting the warfighting readiness of our Surface Force. This warfighting investment is de-

signed to provide the Surface Force with advanced services in support of crew readiness and maintenance requirements. We are showcasing this project as an example of our commitment to the readiness of our Navy, our surrounding communities, and the City of San Diego."

Design and construction of the new pier accounted for the potential of a rise in sea levels over the 75-year presumed lifespan of the structure.

Pier 6 is also equipped with a range of electrical and mechanical utilities that will improve the user experience. These include a combined potable water and looped fire water suppression system, sanitary sewer system, storm water collection and treatment system, as well as numerous ship-to-shore utilities, including electrical, telephone, cable television, and fiber optic communications.

Security features at the pier include a portable guard booth, guard tower, pedestrian access gate, antiterrorism fencing, crash gate, bollards, security lighting, and electronic security systems.

NAVFAC Southwest supports planning, design, construction, real estate, environmental and public works for U.S. Navy, Marine Corps, Army, Air Force and other supported federal agencies in Arizona, California, Nevada, New Mexico, Utah, and Colorado.

TOP MILITARY PHOTOS THIS WEEK

LEXINGTON, Kentucky (Aug. 14, 2023) A child wants one last goodbye before the bus leaves the Lexington Armory. HHB, 138th Field Artillery Brigade is deployed to Southwest Asia in support of Operation Spartan Shield. U.S. Army National Guard photo by Milt Spalding



U.S. ARMY



U.S. ARMY

AL ASAD AIR BASE, Iraq (July 24, 2023) A UH-60 Black Hawk belonging to the Massachusetts Army National Guard prepares to land here. Guard members conducted combined readiness training with coalition partners supporting Operation Inherent Resolve. Photo courtesy of the Norwegian Army

ABOARD USS NIMITZ (Aug. 16, 2023) Sailors participate in a firefighting drill on the flight deck of aircraft carrier *Nimitz*. *Nimitz* is underway conducting routine operations. U.S. Navy photo by MC2 David Rowe



U.S. NAVY



U.S. MARINE CORPS

CAMP FUJI, Japan (Aug. 16, 2023) Lance Cpl. Aiden Brady establishes radio communications with a command-and-control center during Fuji Viper 23.3 here. U.S. Marine Corps photo by Cpl. Scott Aubuchon

IN NETWORK PROVIDER



PROUDLY TREATING UNIFORMED SERVICE MEMBERS AND THEIR FAMILIES

DO NOT SUFFER ANY LONGER

DEPRESSION

ANXIETY

PTSD ...and more

GET THE LASTING HEALING YOU DESERVE TODAY



CALL FOR AN APPOINTMENT TODAY

619.762.4150 • 866.228.5773

www.BrainTherapyTMS.com



VOLUNTEER WITH CALIFORNIA STATE PARKS FOUNDATION

Silver Strand State Beach
September 2, 2023 9:00am - 1:00pm

Old Town San Diego State Historic Park
September 9, 2023 8:00am - 11:00am

Palomar Mountain State Park
September 24, 2023 9:00am - 12:00pm

Support your local state parks! We will focus on removing invasive species and maintaining trails to protect and preserve parks for future visitors.

Learn more and register online to reserve your spot and receive important workday details: calstateparks.org/volunteers.



OPERATION CLEAN SWEEP

SATURDAY, AUGUST 26, 2023
8:00 AM - 10:00 AM

DIVERS, BOATERS, AND WALKERS ARE NEEDED TO HELP

5 PORT CITY BAY CLEAN UP

WAIVER & FORMS AT:
[HTTPS://WWW.SDWORKINGWATERFRONT.COM/VENTS/OPERATION-CLEAN-SWEEP](https://www.sdworkingwaterfront.com/vents/operation-clean-sweep)

Dauids comes aboard as new Surface Force skipper

SAN DIEGO - Rear Adm. Yvette Davids relieved Vice Adm. Roy Kitchener as acting Commander, Naval Surface Forces and acting Commander, Naval Surface Force, Pacific Fleet, during a change of command ceremony Aug. 18 at Naval Base San Diego, pier 2 with USS *Princeton* (CG 59) in the background.

Davids assumes the duties as acting commander after serving as Director, Learning to Action Drive Team.

"Vice Admiral Kitchener led us through some impressive organizational changes, a global pandemic, forward deployed operations, and all the while tirelessly advocating for you, the Surface Warrior and your ships," said Davids. "My charge to you as we keep a steady strain on our jobs and initiatives; take care of your people, conduct safe operations, and get ready to take to the fight when your command is called."

Davids is a 1989 graduate of the Naval Academy with a bachelor of science in oceanography. Davids has served in a variety of operational command and staff leadership positions as a Surface Warfare Officer.

The ceremony marked the end of Kitchener's more than 38-year naval career. "There is nothing in my career that I have enjoyed more than being your commander," said Kitchener.

The mission of CNSP is to man, train, and equip the Surface Force to provide fleet commanders with credible naval power to control the sea and project power ashore.



Rear Adm. Yvette M. Davids gives remarks during her assumption of command as acting commander, Naval Surface Forces and acting commander, Naval Surface Force. U.S. Navy photo by MC2 Stevin C. Atkins

Third Fleet responds to tropical storm threat

by Senior Chief Petty Officer Alma Paschall
Commander, 3rd Fleet

As part of the response to the warning of high winds and heavy rain to portions of Southwestern California last week, Commander, 3rd Fleet set Sortie Condition Alpha last Friday.

"In order to ensure the safety of our Sailors and ships, we took all necessary measures to mitigate potential damage to infrastructure and 3rd Fleet vessels caused by the storm," said Vice Adm. Michael Boyle, commander, Third Fleet. "Safety always remains our top priority, and putting all capable ships to sea made it easier for us to manage the situation ashore."



Ships and submarines sortied from Naval Base San Diego, N.B. Coronado and N.B. Point Loma. The ships remained at sea until inclement weather from the storm subsided. Aircraft was secured in hangars that are rated to withstand wind greater than those anticipated on board Naval Air Station North Island and Naval Air Facility El Centro.

Ships that remained in port took extra precautions to avoid potential damage. Commanding officers had a number of options when staying in port, depending on the severity of the weather. Some of those options included adding additional mooring and storm lines, and dropping the anchor.

San Diego Navy installations prepared for the expected heavy rain and wind by removing hazards and securing buildings, protecting essential equipment, moving small craft to safe havens, placing sandbags and removing debris from drainage areas.

Marine continued from page 2

readily accomplished many things in their first enlistment; both were meritoriously promoted to the rank of sergeant, Marine of the Year for their respective previous commands, and recipients of numerous personal awards recognizing their mission accomplishment and leadership abilities. Both are also MAI's, teaching and mentoring Marines through the Marine Corps Martial Arts Program.

They refuse to stay stagnant and have their eyes set ahead on the future. Both hope to stay in the Marine Corps for 20 years, making this their career. They want to check even more things off their goal list like becoming Marine Corps Instructors of Water Survival, MAI-Trainers, and drill instructors. After they return from their respective deployments, both are slated to attend Drill Instructor School at Marine Corps Recruit Depot Parris Island.

ferent MEUs, expeditionary quick reaction forces that are forward deployed and ready for immediate response to any threat. While on these deployments, they will be aboard amphibious ships for several months, making communication to each other difficult at times. But they both knew coming into the Marine Corps that they wanted to deploy and would support each other wherever they go.

Although after deployment, they are headed to the same duty station, the couple is not immune to the hardships of a dual-military relationship.

A lot of times, we're separated without wanting to be. One person will be home, and the other isn't, and then we'll switch. There's hardly a time where we're home at the same time, he leaves for an exercise when I get back, and then I leave when he returns, said Jupiter. It's a balancing act the duo has learned to master over the last three years.

cherish the time they have together, making every moment count. Both agree that one of the great things about being married is having someone there to support you both on and off duty.

We're Marines 24/7, but it's nice to be at home and have someone you know is always there for you and to disconnect from work a little, said Coulter.

Sometimes I'll be talking about nothing but work, and he'll remind me that I'm not at work but at home, said Jupiter. This continual support system was one of the reasons the couple got married in the first place.

"We knew we loved each other early on. Obviously, we were young and knew the risk, but we wanted to take the chance anyway," they agreed.

Despite the challenges it brings and the time they will have to spend apart, the couple wants to push forward with their longtime goal of becoming drill instructors.

"It's probably going to be the most challenging thing that we've done," said Coulter, "but it's a challenge that we're willing to accept."

The couple also hopes to start a family one day. I just want to own a house someday with enough land to have my own farm, and I see myself married to a sergeant major with hopefully two or three children, said Jupiter.

Jupiter and Coulter make the most out of life, both in and out of uniform, and encourage junior Marines to do the same.

"Don't take no for an answer," Jupiter said. "Find out the reason why it's a no. Understand it, then try to find a solution to the problem." "Hold yourself accountable to your goals," Coulter added.

Side by side Jupiter and Coulter continue to lead by example, forge their own path and inspire Marines to navigate life's obstacles, exceed the standard and live up to their fullest potential.

They are deploying with dif-

The couple has learned to

8 www.armedforcesdispatch.com THURSDAY, AUGUST 24, 2023

VETERAN COMPENSATION SERVICES

Veterans with less than a 100% VA Rating. WE CAN HELP YOU!

- Risk-Free Consultation
- Over 95% Success Rate
- Experts in VA Documentation
- Experienced A+ Rated with BBB
- Veteran Friendly Doctors

www.VeteranComp.com

We are your one stop shop for Festivals and Raves! Huge selection of dancewear, fishnets and tights, boots and shoes, body jewelry and pasties. We can make you stand out!!

DÉJÀ VU LOVE BOUTIQUE

2130 Industrial Ct., Vista, CA 92081
866-711-0425

Shop online at www.dejavuloveboutique.com
Hours: 10am-10pm 7 Days a Week

Military Discount 20% Off
With valid military ID. Some restrictions may apply. Not valid on any sale items. Not valid with other offers or prior purchases. Exp. 9/1/23

Medal of Honor Spotlight: Navy Ensign Charles Hammann

by Katie Lange
DOD News

Navy Ensign Charles Hazeltine Hammann was one of the first U.S. military aviators who went to battle when the country entered World War I, so it's fitting that his heroics in the skies over Europe made him the first aviator to earn the Medal of Honor.

Hammann was born March 16, 1892, in Baltimore, to parents Jacob and Elizabeth Hammann. He had a brother, Edward, and a sister named Lillian.

Called "Haze" by his friends, thanks to his middle name, Hammann played high school football at Baltimore Polytechnic Institute before graduating in 1910. He spent a few years working in business, including for a brewing company, before joining the Naval Reserve's Flying Corps in 1917.

Hammann learned how to fly at the Navy's only air station at the time, which was in Pensacola, Florida. He then sailed to France in June 1917. Over the

next year, he got a lot of flight time under his belt and even learned how to do stunt piloting, according to a letter he wrote home to his brother.

By the spring of 1918, Hammann was sent to Italy to join the fight. On Aug. 21, he and three other pilots were sent on a patrol over an Austro-Hungarian naval base near the enemy stronghold of Pola, in modern-day Croatia. The pilots were flying Italian Macchi seaplanes when enemy aircraft came after them.

In the middle of the dogfight, the airplane of the lead pilot, Ensign George Ludlow, was hit by anti-aircraft fire. According to a 1938 *Baltimore Sun* article, the plane nose-dived about 12,000 feet before leveling off and landing safely in the water.

Hammann immediately did his best to dodge the remaining enemy aircraft to attempt a rescue. He dove down and landed on the water close to the disabled plane and took Ludlow onboard, even though his aircraft wasn't designed to hold two people. Hammann put Ludlow under



Ensign Charles H. Hammann poses with a World War I-era airplane. Photos by Congressional Medal of Honor Society

the motor, a 1918 *Baltimore Sun* article said, before taking off again. The extra weight caused the plane to sway and strain with effort, but when enemy aircraft came for them, Hammann was still able to turn his machine guns in their direction, which caused them to flee.

Hammann's overweight aircraft almost made it back to Naval Air Station Porto Corsini in northeast Italy before it fully broke down. The plane fell into the water right off the coast.

Hammann and Ludlow had to swim to shore — but they made it.

Two months after the incident, Hammann was commissioned as an ensign. He returned from overseas in January 1919.

Unfortunately, Hammann's life was cut short a few months later. The 27-year-old was killed on June 14 during a Flag Day celebration at Langley Field in Hampton, Virginia. According to a 1938 *Baltimore Sun* article,

he was stunting in an aircraft when it went into a tailspin and crashed.

Hammann is buried in Oak Lawn Cemetery in Baltimore.

Hammann was nominated for the Medal of Honor before he died; however, it wasn't made available to his family until November 1920. Newspaper coverage at the time showed the holdup was due to a Congressional investigation into injustice within the Navy regarding the service's manner of distributing a recognition of distinguished war-time service.

According to the Naval History and Heritage Command, Hammann was the first U.S. aviator of any service to receive the Medal of Honor. His August 1918 heroics also earned him the Silver Medal for Military Valor from the king of Italy and the Italian War Cross.

Hammann's name has not been forgotten within the Navy or in his hometown. A monument to the aviator and another Baltimore World War I Medal of Honor recipient, Army Private Henry Gilbert Costin, was erected in the city's downtown in 1939.

During World War II, there were actually two warships named for him. The first USS Hammann was a destroyer launched in 1939, but it was sunk in early 1942 during the Battle of Midway. Later that same year, a commissioned destroyer escort was renamed as the second USS Hammann.

This article is part of a weekly series called "Medal of Honor Monday," in which we highlight one of the more than 3,500 Medal of Honor recipients who have earned the U.S. military's highest medal for valor.



Movie review of GRAN TURISMO

GRAN TURISMO is an action-packed, incredibly realistic auto racing movie that is based on the true story of teenage video gamer turned professional racecar driver Jann Mardenborough (portrayed on-screen by Archie Madekwe), along with chief engineer and failed former racecar driver Jack Salter (portrayed by David Harbour), motorsports executive Danny Moore (portrayed by Orlando Bloom) and the PLAYSTATION STUDIOS video game.

I am especially excited to share my review of GRAN TURISMO with you. As you read this, bear in mind that for most of my adult life (I am 69 now) I competed in motorsports (albeit at the amateur, grassroots level). I loved driving at the limit in competition with other skilled drivers, and I know from first-hand experience the adrenaline rush of what that feels like.

Gran Turismo masterfully captures the very real sense of driving in competition, and elevates that to the level of professional race car drivers. GRAN TURISMO is, without any doubt, destined to be acknowledged as one of the best auto racing films of all time. I kid you not.

While as a motion picture GRAN TURISMO is technically very well done and has cool special effects (recurring X-Ray and exploding views of racing cars — on the sim and on actual racetracks), thankfully this film does not suffer from what I call the 'Hollywood effect' (taken to one of its worst extremes in the Tom Cruise stock car racing movie "Days of Thunder"). The film speed is not, I repeat NOT undercranked (as far as I can tell), which is a technique that some filmmakers use to artificially speed up the cars to make it look like they are being driven faster than they actually are. This always looks fake, and is sometimes laughable.

Instead, GRAN TURISMO comes across as compelling and real — sometimes frighteningly so. The fatal, catastrophic crash that is recreated for the movie actually happened (I will not tell you at which racetrack, so as to not spoil the story).

The placements of the (Sony VENICE 2 with Rialto) movie

AutoMatters™ & More
by Jan Wagner



cameras vividly convey a powerful sense of on-track action and extreme speeds. Along with that is the ever-present awareness that the racing action is happening in real time and that it could all go very wrong in an instant — as it does!

GRAN TURISMO came as close to putting me at the wheel of a racecar as any movie ever has — with the exception of Steve McQueen's *Le Mans*. When that movie first came out I saw it at a drive-in theater, while sitting behind the steering wheel of my Datsun 240-Z! I was exhausted at the end of GRAN TURISMO. That is a very good thing!

Some of the stunt driving in GRAN TURISMO was actually done by Jann Mardenborough himself, who has accumulated an impressive record of competition in motorsports. According to this Wikipedia article (see <https://en.wikipedia.org/wiki/>

Jann Mardenborough), Jann's racing resume includes the British GT Championship, Blancpain Endurance Series, Goodwood Festival of Speed, Formula 3 European Championship, GP3 Series, GP2 Series, FIA World Endurance Championship; Spa 24 Hours; Japanese Super GT, Super Formula and F3 Series; and, of course, the 24 Hours of Le Mans. This could easily form the basis for an interesting documentary film.

To see an official trailer for GRAN TURISMO and for more information, visit: <https://www.sonypictures.com/movies/granturismo>. You can also watch it here, on YouTube: <https://youtu.be/GgKmhDaVo48>. There is also a really cool, behind the scenes video here: <https://youtu.be/5mjd14G9wYE>.

Kudos to Director Neill Blomkamp, Director of Photography Jacques Jouffret ASC and the rest of the production team. This is one movie that I will be adding to my movie collection when it becomes available for purchase.

In all seriousness, I must warn you about something. After watching GRAN TURISMO, you might feel compelled to buy a PlayStation 5 and a copy of the latest version of GRAN TURISMO. You might even feel compelled to buy a racing seat and install a really good SIM steering wheel, just like Jann did at the beginning of the movie.

To explore a wide variety of content dating back to 2002, with the most photos and the latest text, visit "AutoMatters & More" at <https://automatters.net>. Search by title or topic in the Search Bar in the middle of the Home Page, or click on the blue 'years' boxes and browse.

Copyright © 2023 by Jan Wagner — AutoMatters & More #804

The Meat & Potatoes of Life



by
Lisa
Smith
Molinari

"Good afternoon!" a towering woman with a thick Jamaican accent called as we fumbled to open our hotel room door. "Doon't yah woorry, now, I'll be takin' good care of yah," she said, smiling broadly, pushing a cart of cleaning supplies.

Her name was Claudette, and she was the head housekeeper at the Yachtsman Hotel, where my husband, Francis, and I had booked a four-night getaway in Kennebunkport, Maine. "Wow," Francis commented once inside the room, "such nice staff here, hu?"

My husband is one of those ego-driven guys whose admiration for others is based mostly on whether or not they show interest in him. If a person laughs at his jokes, asks about his Navy career, or listens to his stories, Francis thinks that person is terrific. No need to assess their personality or character — if they like Francis, they're good people in his book.

I, on the other hand, am more cynical. Unlike Francis, my low self-esteem makes me suspicious of people who express interest in me. "Hmm," my insecure mind misconstrues, "if she likes me, then there must be something wrong with her."

As soon as we entered Room #3 at the Yachtsman Hotel, my cynical brain took note of the tip

It's all about the tip

envelope on the nightstand. "No wonder Claudette's so nice," I said to Francis, who was busy inspecting the refrigerator. It contained an impressive selection of beer, wine and soft drinks. Francis was proud of himself for picking such lovely and well-stocked accommodations for our getaway.

"Don't open that!" I pounced on Francis, who, assuming the beverages were freebies for VIPs like him, was about to crack open a split of white wine. I pointed to a menu on the table, listing the beverages and their exorbitant prices. "We brought plenty of our own drinks — no need to spend thirty-eight bucks unnecessarily," I ordered. "But the Polar Springs water is complimentary!" I countered in a feeble attempt to avoid being Debbie Downer.

While we buzzed in and out of Room #3 in the days that followed, Claudette was always nearby, pushing her cart from door to door. She always took notice of Francis, calling to him by name. "Ah! Francis! How are yah today, my friend? Where is Liisaah?"

Francis relished the attention, believing that he was truly exceptional to Claudette. Taking full advantage of his perceived elevated status, he made special requests. One day, "Claudette, can you hook us up with a few extra Keurig pods?" The next day, "We like the dark roast coffee best, Claudette. Would you happen to have a few more of those for tomorrow?"

Claudette always flashed her broad, white smile as if to say, "Any-ting for yah and Liisaah, my friend!"

On the third day, Francis and I were walking back to our room

from a day of lunch and shopping in Kennebunkport. Carrying bags with sweatshirts and chocolate-covered blueberries for our three kids, and a small painting by a local artist for us, we passed by the supply closet on our way to Room #3.

"I won't be here tomorrah, yah knowow," boomed a deep voice, startling us. We looked back to see Claudette leaning against the open storage closet door frame, arms crossed, smile absent. "My day off," she explained.

"Claudette, uh," Francis stuttered, not quite understanding.

"It's about her tip," I whispered behind him.

"Oh, I see," he paused a moment to redefine his "special" relationship with Claudette.

"How about this," I offered, "we'll put your tip in the envelope and leave it at the front desk with your name on it."

Claudette scowled. "Oh nooo, yah can't trust dah peepel dat werk here yah knowow," she murmured in a low, serious tone.

Back in Room #3, Francis finally understood. Claudette had catered to us for three days, and even if she threw the entire hotel staff under the bus, she wasn't going to let another housekeeper get her tip on her day off. We quickly stuffed cash in the envelope, and Francis dutifully delivered it to Claudette.

Despite our ego-driven need to believe otherwise, we learned that the service industry is all about the bottom line: Skippy tippers will always make for snippy tippees.

CLASSIFIED ADS

ARMED FORCES DISPATCH CLASSIFIEDS

To place your ad, please call the Classified Advertising Department at (619) 280-2985. Deadline to place an ad is Tuesday at noon. See your ads in print, and on the web, on Thursday!

ATTORNEYS

JWB Family Law

15% military & spouse discount
• Divorce • Child Custody/Visitation
• Child and Spousal Support
• Asset and Property Division
www.JWBFamilyLaw.com
619.234.6123

DUI & Criminal Defense

Free Case Evals • 24/7 Availability
• DUI's • Drug Offenses
• Domestic Violence • Assault/ADW
• Restraining orders
www.MichaelKernLaw.com
619.200.2808

BINGO

Wednesday Night BINGO

Win \$\$\$ Prizes • Support our Military
Doors open 4pm • Games start 6pm
Veterans Association of North County
1617 Mission Ave • O'side • 92058
Learn more at www.VANC.ME/bingo

COINS

AMERICAN WOMEN QUARTERS
New coin program - United States Mint
Order online at www.SurfCoins.com

FARM & PETS

HORSE BOARDING CARLSBAD

\$400/month
Western casual, family-oriented ranch.
We have roomy 12x48 or 12x24 corrals and provide a veterinarian recommended diet twice daily.
760.840.0187

HELP WANTED

Advertising Sales Rep

Part/Full Time
Call on customers/potential advertisers
Must have own vehicle.
Call Brenda
619.280.2985

Volunteer opportunities available at all Navy-Marine Corps Relief Society (NMCRS) locations. Receive training and mentorship and make a difference in the lives of our active duty service personnel and their families. 619-767-6800/www.nmcrs.org

USS Midway Museum is currently recruiting for docents, air craft restoration, ship restoration and safety volunteers. www.midway.org/give-join/volunteers/

HOME BUYER SEMINAR

Free VA Home Buying seminar

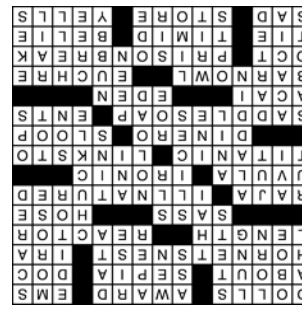
Thursday, Sept 7, 5-7pm at
Veterans Association of North County
1617 Mission Ave, Oceanside
Informative seminar, light appetizers! For info or to RSVP please call (619) 599-5643

MEDICAL SUPPLIES

ABIGAIL'S MEDICAL SUPPLIES, INC.

www.abigailsmedicalsupplies.com
Your source for home medical equipment
Wheelchairs, Knee Walkers, Lift Chairs, Compression Socks/Sleeves, Custom Compression Socks, Walking Aids, PPE, Prosthetics, Hospital Beds, Mastectomy, Bath Safety Items, Lymphedema Pumps.

Oceanside San Diego
3837 Plaza Dr, Ste 801 2020 Cam del Rio North #105
(760) 940-1132 (619) 220-7090



RENTALS APARTMENTS

AVAILABLE NOW DOWNTOWN LOCATION

2BED/2BATH 1282 Sq. Ft.

• All appliances included: ranger with oven, dishwasher, refrigerator, garbage disposal, microwave.
• Cable, water, trash included,
ONSITE PARKING
• Amenities: 2 gyms, 2 pools, with jacuzzis
• 24 Hr onsite security, next to Pantoja Park, walkable to Downtown, Little Italy, Seaport Village, Gaslamp
• 3 miles to Airport
• Close to all major freeways: I-5, I-163, I-94
• 20 min. to major bases
• NO PETS • \$3600/Mo.

619.269.6979

IMPERIAL BEACH – 2BR/1BA. 2 blocks from beach, ground level, freshly renovated. Close to IB & Coronado bases. \$2595/mo. Call or text 619-994-7418

IMPERIAL BEACH – 2BR/1BA. Single family home. Above shared garage, 1 car gar. w/d hks-ups, sml yard. \$2795/mo. Call/text 619-994-7418

RENTALS APARTMENTS

AVAILABLE NOW!!!

1, 2 or 3 BR's Apartments, Townhouse & Houses

MOVE-IN SPECIAL! LEADINGHAM REALTY

1062 Palm Ave., Imperial Beach
619-424-8600

NAT'L CITY - Studio, full kitch, full bath, priv entrance, no smoking/no drugs. 1 person only. \$1650/mo. Incl utils. No pets. 619-573-5000.

VEHICLES FOR SALE

2018 FREIGHTLINER CASCADIA – Semi truck, automatic, sleeper. 375,000 miles. \$80,000. 619-776-1001

"Kindness is something anyone can give without losing anything themselves."

THINGS TO DO AROUND TOWN

Ramona Rodeo Thur-Sat, Aug 24-26. Top notch PRCA rodeo. Fred Grand Arena, Ramona Outdoor Community Center, 421 Aqua Lane. https://ramonarodeo.com/

Sunset Market in Oceanside Thursdays year round. Jan.-March: 4-8pm; April through Dec. 5-9pm. Tremont & Pier View Way.

San Diego International Kids' Film Festival, Fri-Sun, Aug 25-27, 11am-9pm. \$5-\$85. 150+ films. Carlsbad Senior Center, 799 Pine Ave, Carlsbad

Cruisin' Grand Escondido. Escondido's Grand Ave from Orange St to Ivy St. Friday nights through September. Parade of pre-1970s. Vintage autos – from American Hot Rods, Classics, Antiques, and Customs – span seven blocks of the city's downtown. Great pubs, restaurants, breweries, stores, boutiques, and live performance venues. www.cruisingrand.net

Catfish stocked at Lake Jennings. Night fishing Fri & Sat til midnight. Shoreline fishing 8am-5pm every day at campground. \$4-\$12. lakejennings.org/

Philippine Cultural Arts Festival, Sat, Aug 26, 10am. \$5-\$100. Family oriented event focused on cultural heritage, entertainment and networking. Everyone invited to learn about the culture! Balboa Park, 2500 Balboa Dr.

PaintCare Paint Drop-off Event, Sat, Aug 26, 8am-noon. Free. Eventbrite registration is required. San Diego households and businesses can safely and easily drop off unused paint for recycling. Steele Canyon Charter High School, 12440 Campo Rd, SD.

Birding Basics Class. Sat. Aug 26. 1-2:30pm. Free. mtrp.org

Annual Luau and Legends of Surfing Invitational Aug 26-27. Surfing competition is free for spectators. Beach near Scripps Pier, La Jolla. https://luaulegendsofsurfing.org/

Guided Nature Walk, Saturdays & Sundays, 9:30-11am. Free. Guided nature walk-learn about plants, animals, geology, history of park. San Carlos. mtrp.org

Motorcycles in the Park, Sun, Aug 27, 7:30-9am. Free. Coffee, prizes, discount museum entry. Bring your motorcycle, prizes considered for motorcycles 35 years & older. SD Automotive Museum, 2080 Pan American Plaza, Balboa Park.

17th Annual LeucadiART

Walk, Sun, Aug 27, 10am-5pm. Free. Community event is held along North Coast Highway 101. https://leucadia101.com/

Concert at El Corazon, Sun, Aug 27, 1-7:30pm. Free. Sunday in the Park w/2 live bands -- sounds of Island reggae and rock, funk, and soul. Kids activities, arts & crafts, face painting, more. Meet members of the Soccers, a pro-soccer team. Bring your own lawn chairs.

El Corazon Senior Center, 3302 Senior Center Dr, Oceanside.

Gaslamp Skate Sunday Series, Sundays: Aug 27, Sept 1. 5-8pm. Free. The Sunset Roller Club is a diverse group of skaters at every level. Gaslamp Quarter, Fifth Ave, between Broadway Harbor Dr.

San Diego International Summer Organ Festival, Mondays, 7:30pm through Labor Day. Free. Spreckels Organ Pavilion in Balboa Park. www.spreckelsorgan.org

Pageant of the Masters, through Sept 1. Irvine Bowl, Laguna Beach. www.foapom.com

Del Mar Thoroughbred Racing Season, Thru Sept 10. Where the Turf Meets the Surf. Del Mar Thoroughbred Club, Del Mar.

Embarcadero Waterfront Ghost Tour \$15/pp. Ongoing Sat 7-8pm, Sun 8-9. Schedule subject to change. Verify at murdermayhem.com

Escondido Cars & Coffee. Every Sunday Morning, 8-11am. Free. Kit Carson Park, 3333 Bear Valley Parkway, Escondido. Cars, trucks, bikes!

51st Annual Barona Powwow. Sept. 1-3. Weekend of contest dancing in all categories, camping, drums and cultural immersion. Barona Sports Park, 1095 Barona Rd, Lakeside. https://www.facebook.com/BaronaPowwow

VA Homebuyer Seminar, Thur, Sept 7, 5-7pm. Free. Informative seminar with light appetizers! For information or to RSVP, please call (619) 599-5643 or e-mail Mohamed.Tawy@Rate.com Location: Veterans Association of North County – La Jolla Room, 1617 Mission Ave, Oceanside.



MOVIES AT THE BASES

Movies & times subject to change. * Indicates last showing
Visit www.navydispatch.com/entertainment_03movies.htm to find base theatre information

Naval Base Theater - NBSD,

619-556-5568, Bldg. 71
3465 Senn Rd.

FREE entry to the first 300 customers (per showing), no outside food, concessions will be available.

Thursday, August 24
6pm Barbie pg13

8:20pm Sound of Freedom pg13

Friday, August 25
6:30pm First Run Movie: Gran Turismo pg13

Saturday, August 26
2:50pm Gran Turismo pg13

6pm Barbie pg13

Sunday, August 27
12:50pm Haunted Mansion pg13

3:30pm Oppenheimer r

Wednesday, August 30
6:30pm Barbie pg13

Thursday, August 31
5:40pm Gran Turismo pg13

8:20pm Haunted Mansion pg13

Saturday, September 16
6pm Advance Screening of Expend4bles r

For updates check https://sandiego.navylifew.com/movies/

Lowry Theater - NASNI,

619-545-8479
Bldg. 650

Outside food and beverage are NOT permitted. Debit/credit cards only.

Friday, August 25
6pm Gran Turismo pg13

Saturday, August 26
1pm Barbie pg13

3:30pm Haunted Mansion pg13

6pm Gran Turismo pg13

Sunday, August 27
1pm Gran Turismo pg13

4pm MI Dead Reckoning Part One pg13

Friday, September 1
6pm The Equalizer 3 r

Updates: navylifew.com



Pendleton Theater and Training Center

Bldg 1330 Mainside (Across from Mainside Center)

PRICE INCREASE: Effective August 12, a \$1 increase on ticket prices for all groups except children 5 and under. Concession prices also increased

Saturday, August 26
1:30pm Sound of Freedom (PG13)

Saturday, September 2
1:30pm MI - Dead Reckoning (PG13)

Saturday, September 9
1:30pm Barbie (PG13)

Saturday, September 16
FREE ADVANCED SCREENING

2pm *Expend4bles (R)

Bob Hope Theater 577-4143

MCAS Miramar Bldg 2242

Friday, August 25
6pm Gran Turismo (PG-13)

Saturday, August 26
3pm Haunted Mansion (PG-13)

6:30pm Barbie (PG-13)

Sunday, August 27
12pm Haunted Mansion (PG-13)

3pm Gran Turismo (PG-13)

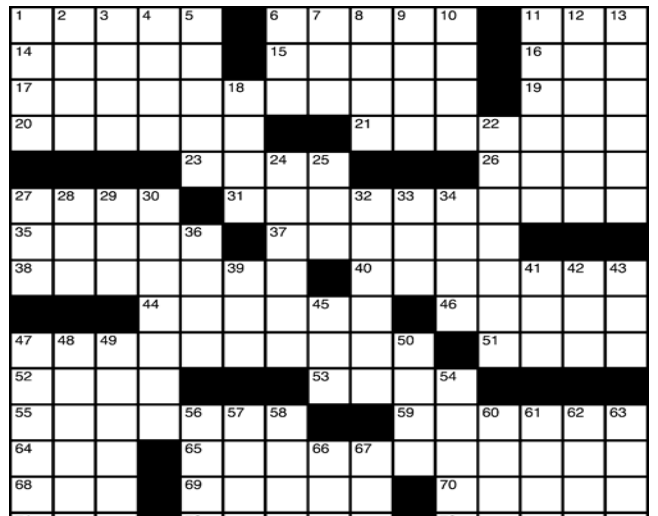
CROSSWORD PUZZLE

ACROSS

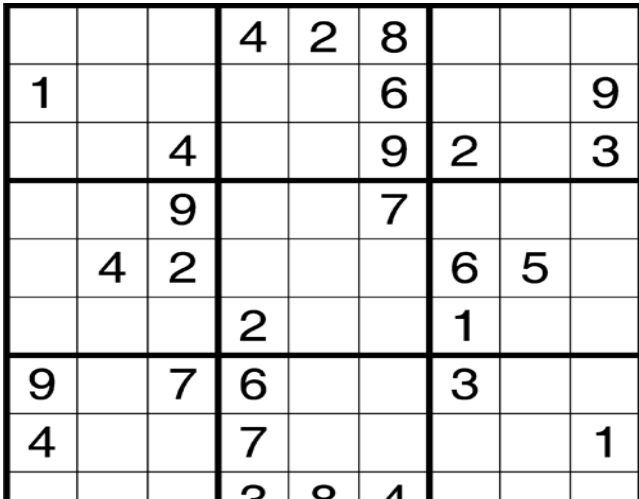
- 1 Bobbleheads, e.g.
- 6 Jury decision
- 11 Pair of Grammys?
- 14 "It's ___ time!"
- 15 Old photo tint
- 16 Dwarf who mixes up his words
- 17 Angry reaction
- 19 "This American Life" host Glass
- 20 Meeting goal often not achieved
- 21 Nuclear energy device
- 23 Lip
- 26 Firefighter's tool
- 27 Indian noble
- 31 Surly
- 35 Soft palate projection
- 37 Not what one would expect
- 38 It went down in history
- 40 Connects with
- 44 Mexican bread
- 46 Single-master
- 47 Stable cleaner
- 51 Tolkien tree creatures
- 52 Palm tree superfood
- 53 Ancient home
- 55 Predator with a heart-shaped face
- 59 Card game with trumps
- 64 Hurricane season mo.
- 65 "The Shawshank Redemption" event, and what's hidden in four puzzle rows
- 68 Cravat or ascot
- 69 Like Caspar Milquetoast
- 70 Give a false idea of
- 71 Low
- 72 Deposit in the attic, say
- 73 Cheerleaders' assortment

DOWN

- 1 "James and the Giant Peach" author
- 2 Wind heard in Dion's "Abraham, Martin & John"
- 3 Desolate



ROY'S SUDOKU



Are you doing enough to avoid lithium-ion battery fires?

by Shauni Lyles

Lithium-ion battery fires are at an all-time high, according to the San Diego Fire Hazardous Materials Team. You can find rechargeable lithium-ion batteries in cordless power tools, cordless vacuums, laptops, cell phones, cameras, electric bicycles and electric scooters, to name a few.

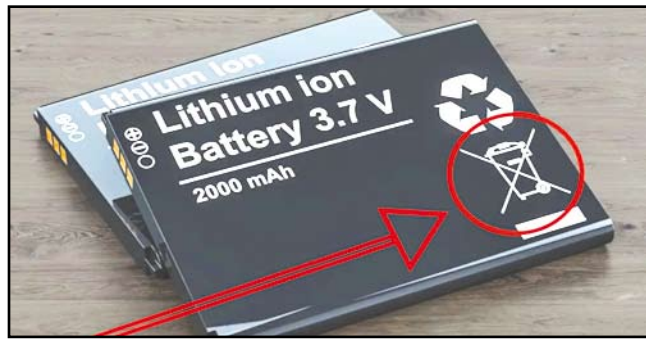
These batteries store a large amount of energy and pose a threat if not disposed of properly. They can overheat, catch fire, or even explode.

“Lithium battery fires can be extremely hazardous to firefighters for several reasons. These fires can produce a large amount of heat, flames, and toxic gases,” said CAL FIRE Capt. Brent Pascua. “The fact that these fires will have a sometimes-violent reaction to water, make these fires extremely dangerous and unpredictable.”

Disposal of rechargeable lithium-ion batteries in the trash or recycling is illegal. Improper disposal of these batteries cause many trash truck and recycling facility fires.

When disposing of rechargeable lithium-ion batteries, remember the following:

- Buy used devices listed by a qualified testing laboratory.
- Follow the manufacturer’s instructions for charging and storage.
- Do not charge any device under your pillow, on your bed, on a couch, in a closet or out of plain sight.
- Do not keep a battery on a charger if it is fully charged.
- Always use the manufacturer’s



cord and power adapter made for that device.

- Keep batteries and devices at room temperature.

- Do not place batteries in direct sunlight.

- Keep batteries away from anything flammable.

- Store batteries in an area that has a smoke detector.

- Store batteries in an area that is well ventilated and away from entry and exit doors.

Are you ready to test your knowledge? Here’s a quiz from the County’s Department of Environmental Health and Quality.

What should you do if a battery overheats?

- Continue to use it until the battery dies.
- Turn it off, count to 10, then turn it back on.
- Stop using it immediately.
- Put it in a bag of rice.

Answer: C. If a battery overheats, or you notice an odor, change in shape or color, leaking or odd noises – STOP USING IT IMMEDIATELY! If it’s safe to do so, move the device outside away from anything that is flammable and call 9-1-1.

What’s the proper way to remove or dispose of rechargeable lithium-ion batteries?

- Throw them in the trash.
- Dispose of lithium-ion batteries at a recycling location, recycling event or contact the Household Hazardous Waste for help.
- Throw them in your recycling bin at home.
- Contact the Department of Animal Services for help.

Answer: B. It is illegal to discard rechargeable lithium-ion batteries in the trash or recycling. Improper disposal of batteries cause many trash truck and recycling facility fires. To help the environment, dispose of lithium-ion batteries at a recycling location, recycling event or contact the Household Hazardous Waste for more information.

Why do lithium-ion batteries fail?

- Mechanical.
- Electrical.
- Thermal.
- All of the above.

Answer: D. Physical damage to the battery or manufacturing defects can cause mechanical failures. Electrical failure occurs when using the wrong charging device, short circuits, overcharging

or when the voltage point is critically low due to over-discharging. Thermal failure happens when the battery overheats, which can impact other batteries in the device.

How do you prevent lithium-ion battery fires?

- Unplug the device.
- Properly store & dispose of the battery.
- Regularly inspect devices for any signs of battery damage.
- All of the above.

Answer: D. When you’re not using a device, unplug it from the charger or power source. Store devices with lithium-ion batteries in a cool and dry place, away from direct sunlight, extreme heat or hu-

midity. Only use the manufacturer approved charging device. Check the charging cables and connectors for any visible damage. If a device has undergone physical trauma, inspect it for any signs of internal damage to the battery.

What are the results of lithium-ion battery failure?

- Fires/Explosions.
- Hazardous Waste.
- Release of toxic gases.
- A cloudy day.
- Everything except answer D.

Answer: E. Do not dispose of these batteries in the trash! If batteries are not disposed of properly, they can catch fire in the trash truck or recycling facility. Fires and

explosions can lead to the release of hazardous toxic, flammable and corrosive gases. An increase in fires can result in serious injuries and property damage.

With these helpful tips, you can raise awareness about the safe ways to charge, store and dispose of rechargeable lithium-ion batteries.

To help the environment, dispose of lithium-ion batteries at a recycling location, recycling event or contact the Household Hazardous Waste for more information.

Have a recycling question? Email Recycle@sdcounty.ca.gov or call the Recycling Hotline: (877) R-1-EARTH (877-713-2784)

Testing an mRNA vaccine to treat pancreatic cancer

Pancreatic cancer is one of the deadliest types of cancer. Only about 12% of people with this cancer will be alive five years after treatment. Scientists have been testing ways to get the body’s disease defense system, called the immune system, to fight pancreatic cancer. One research team created personalized vaccines. To do this, they used mRNA—the same approach used to make vaccines for COVID-19.

The researchers took tumor samples from 19 volunteers who had their pancreatic tumors removed. Scientists at BioNTech, a company

that made one of the COVID-19 mRNA vaccines, made mRNA cancer vaccines customized for each patient. Each included genetic instructions for up to 20 proteins unique to the person’s pancreatic tumors. The researchers hoped these would trigger the immune system to recognize and attack the cancer cells.

The team was able to make customized vaccines for 18 of the 19 study participants. Each participant received nine vaccine doses over several months. After eight doses, they also received standard chemotherapy.

One and a half years after treatment, eight people remained cancer free. These were the patients who had the strongest immune responses to their vaccine. The researchers now want to learn why half the people did not have a strong response. The approach will also be tested soon in a larger clinical trial.

“It’s exciting to see that a personalized vaccine could enlist the immune system to fight pancreatic cancer—which urgently needs better treatments,” says study lead Dr. Vinod Balachandran of Memorial Sloan Kettering Cancer Center.

SOCIAL SECURITY MATTERS

When should my wife claim Social Security?

Dear Rusty: My wife will be 65 next year, and her full retirement age is 66 years plus 10 months. Can she collect 50% of my Social Security benefit at her full retirement age and then get her own higher personal amount at age 70? Her own amount at her full retirement age is \$1,100 per month but her age 70 amount is \$1,800. My Social Security is \$2,300. Suggestions welcome.

Signed: My Wife’s Helper

Dear Helper: Your wife cannot separate her spousal benefit from her personal Social Security retirement benefit – whenever she claims she will be automatically deemed to be filing for both her own benefit and her spousal entitlement. Thus, she cannot claim her spousal benefit first at her full retirement age and defer claiming her own SS retirement benefit until she is 70. When your wife should claim is, essentially, a decision which should consider the urgency of her need for the money, her life expectancy, whether she will be eligible for a spouse benefit from you, and whether she is working.

If your wife claims before her full retirement age (FRA) and is working, she’ll be subject to Social Security’s “earnings test” which limits how much she can earn before some SS benefits are taken away (Social Security’s earnings test goes away at FRA).

Average life expectancy for a woman your wife’s age is about 87. If your current \$2,300 benefit is a result of you taking your Social Security at your full retirement age or earlier, then your wife will receive a small “spousal

boost” from you. If she claims at her full retirement age, your wife’s total Social Security payment will be 50% of the amount you were entitled to at your FRA and that will be her permanent amount, except for annual COLA increases. However, from what you’ve shared, your wife’s age 70 amount is considerably more than her maximum spousal benefit so, if her life expectancy is long, that suggests she may wish to consider waiting until age 70 to claim her own maximum benefit. By doing so, your wife will get more in cumulative lifetime benefits if she achieves average life expectancy.

The unknown factor is your life expectancy because, as your widow, your wife will be entitled to 100% of the amount you were receiving at your death, instead of the smaller amount she is receiving on her own or as your spouse. If life expectancy is long for both of you, then your wife maximizing her own benefit by waiting until age 70 to claim is a prudent choice. But if your, or your wife’s, life expectancy is shorter, then your wife claiming at her full retirement age would be a better decision.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

California Dental Certifications

CAD/CAM OR DENTAL ASSISTING COURSES

MYCAA




Get Certified in 4 weeks!

Free with MYCAA Grant

(858) 722-8504

WWW.DENTALCERTIFICATIONS.COM

PERRY



PERRY
Chrysler Dodge Jeep Ram

New 2023 Dodge CHALLENGER SXT

Lease for
\$348/month
for 36 months



For well-qualified buyers. MSRP of \$35,195. Down payment \$4,995. Residual \$19,709. Tax, title, license acquisition fee not included. 10,000 miles per year. 2 at this price. VIN: 2C3CDZAG1PH553784, 2C3CDZAG0PH507637

PERRY
Chrysler Dodge Jeep Ram

New 2023 Jeep GLADIATOR SPORT

Lease for
\$488/month
for 48 months



For well-qualified buyers. MSRP of \$49,325. Down payment \$4,995. Residual \$26,635. Tax, title, license acquisition fee not included. 10,000 miles per year. VIN: 1C6HJTAG8PL540399

PERRY
Chrysler Dodge Jeep Ram

New 2023 GRAND CHEROKEE Laredo 4X4

Lease for
\$488/month
for 36 months



For well-qualified buyers. MSRP of \$61,660. Down payment \$4,995. Residual \$33,914. Tax, title, license acquisition fee not included. 10,000 miles per year. #588710, 786605, 791357

PERRY
Chrysler Dodge Jeep Ram

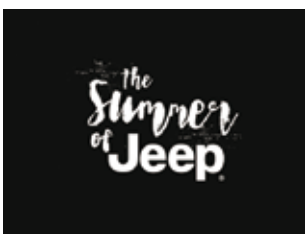
New 2023 WRANGLER Willy's 4xe

Lease for
\$388/month
for 36 months



For well-qualified buyers. MSRP of \$60,810. Down payment \$4,995. Residual \$34,661. Tax, title, license acquisition fee not included. 10,000 miles per year. 1 at this price. VIN: 1C4JJXN6XPW690239

LABOR DAY SALES EVENT



PERRY
Chrysler Dodge Jeep Ram

New 2023 Ram 1500 Big Horn Crew Cab 4X2

Lease for
\$488/month
for 42 months



For well-qualified buyers. MSRP of \$56,250. Down payment \$4,995. Residual \$28,585. Tax, title, license acquisition fee not included. 10,000 miles per year. VIN: 1C6RRFT2PN604018, 1C6RRFT9PN604016

Certified Pre-owned **PERRY** **Certified Pre-owned**
CHRYSLER • DODGE • JEEP • RAM • FIAT

	2019 JEEP CHEROKEE \$18,456 #185032
	2019 JEEP GRAND CHEROKEE \$25,134 #776065
	2022 JEEP WRANGLER CERTIFIED #113087

	2019 JEEP GRAND CHEROKEE \$23,682 #543670
	2015 JEEP WRANGLER RUBICON \$30,940 #537603
	2022 RAM 1500 LIKE NEW #321252

	2021 JEEP GRAND CHEROKEE \$24,049 #511610
	2020 JEEP WRANGLER UNLTD \$33,542 #311576
	2021 JEEP WRANGLER RUBICON \$52,575 #833592

www.PerryChrysler.com • 2340 National City Blvd. • 877-325-8099
MON-SAT 8:30am - 9:00pm • SUN 9:00am - 8pm • www.PerryChrysler.com

All advertised prices exclude government fees & taxes, and finance charges, any dealer document processing charge, any electronic filing charge and any emission testing charge. Offers end close of business 8/31/23.